

Lambda

Laurentian University's Student Newspaper
Le journal des étudiant(e)s de l'Université Laurentienne
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"Religion is the
opiate
of the masses."
Karl Marx



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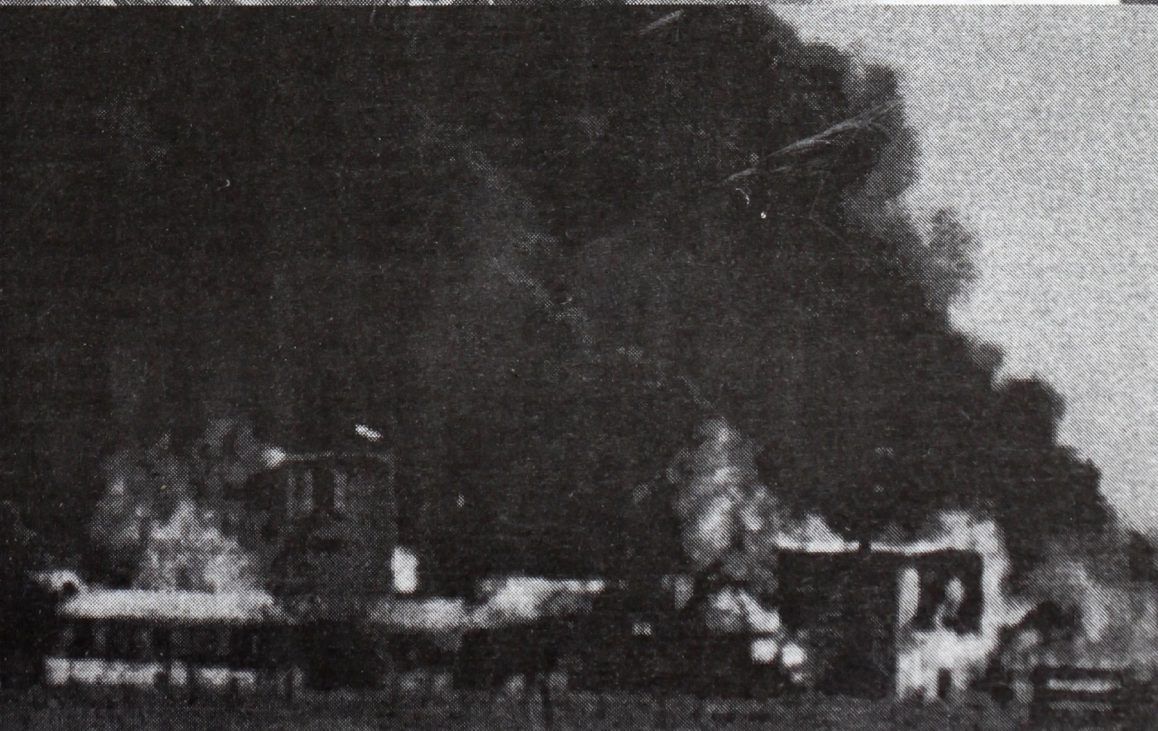
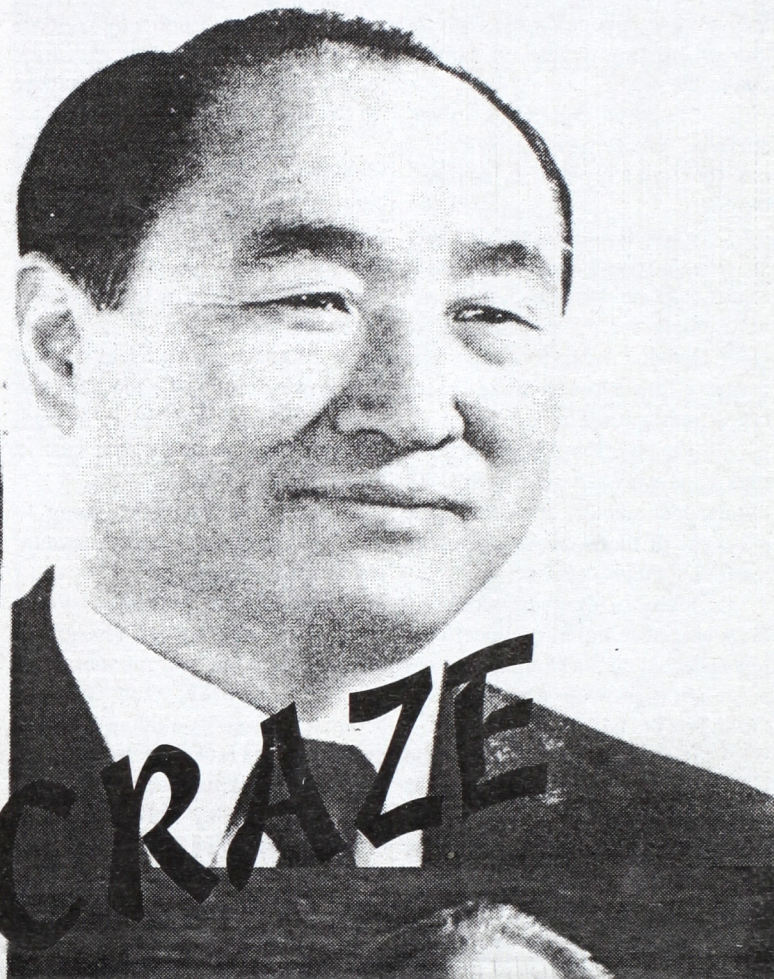
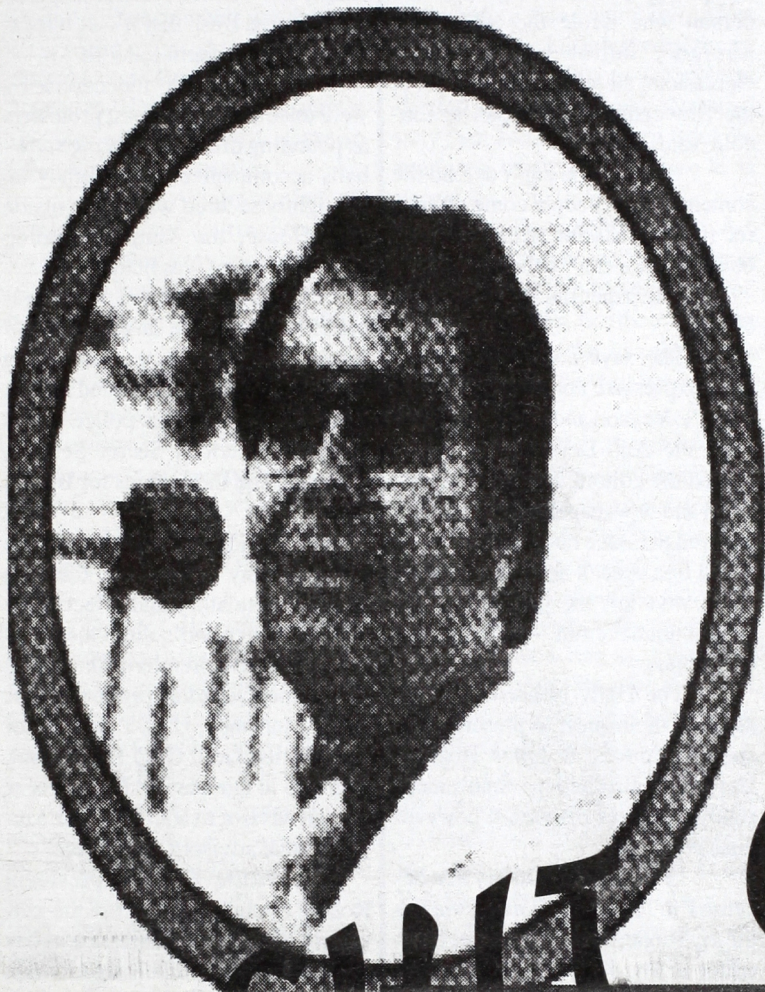
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Brainwashing Students Since 1961

Holocaust-denier targets campus press

by Meg Murphy
The Varsity

TORONTO (CUP) — An American Holocaust-denier is now targeting Canadian student newspapers as a means of generating publicity for his crusade.

California-based Bradley Smith submits anti-Semitic advertisements to college papers with the aim of creating debate on campus and in the media.

"I concentrate on the universities, on college papers," he said. "I aim for as much publicity as possible."

In the last few weeks, at least six college papers across the United States have run his anti-Semitic advertisement for the Committee for Open Debate on the Holocaust. The majority failed to scrutinize the ad before publication.

The ad offers a \$50,000 bribe to anyone who can get Smith's 90-minute documentary questioning the existence of the Nazi gas chambers aired on a major network.

Many of the papers became the source of community concern but few attracted media attention, which successfully provides a spotlight for Smith and his beliefs.

In Canada, the Varsity at the University of Toronto is the only paper which has accidentally printed the ad, which ran Nov. 17. Local and national publicity resulted.

But Smith says he hopes to meet with much greater success in Canada, where the ads have only begun to reach campus publications.

"I have been thinking about doing the Canadian papers for a while," Smith said.

Young people are the ideal instruments to help stir debate on Holocaust-denial, he says.

"The younger you are the less you have been molded by your culture. This is a taboo subject but kids aren't caught up in intellectual taboos yet," he said.

"I find student journalists are more willing to print things to do with revisionist theory than their professors are."

'Revisionist theory' is the term Smith uses for disputing the reality of the systematic murder of over six million Jews during World War II.

But according to a 1991 statement Smith made to a group in Long Beach, California, his view of youth has not always been so flattering.

"I don't want to spend time with adults anymore," he said at the meeting. "I want to go to students. They are superficial. They are empty vessels to be filled."

When asked about the comment, which was recorded by the Anti-Defamation League, Smith says he was joking.

"I was only horsing around," he said.

But others paint an even less flattering portrait of Smith and his esteem for young people.

Bernie Farber, executive director of the Canadian Jewish Congress, says Smith is simply bargaining that the student press will be less vigilant about monitoring ads than their professional counterparts.

"He is looking for any avenue he can get to spread his word," said Farber. "He hopes and prays for mis-

takes to be made, allowing him access to a ready-made population base."

Talia Klein, who works in the hate crimes division of B'nai Brith Canada, adds that Smith knows universities are wonderful forums in which to drop his theories.

She says Smith simply needs to get his ad in a paper and draw community outrage to achieve some of the credibility he so desires.

"By having the advertisement appear, even if we denounce it we are already giving it the credibility of saying it is an ad we deem to denounce," she said, explaining this lends a twisted stature to his preposterous ideas.

As if to prove Klein's point, Smith was hardly offended that the Varsity is retracting his ad. Instead, he said quite casually that such a move is common.

"You guys aren't going to break any traditions," quipped Smith. "You are in a tradition."

In recent weeks, several American college papers also joined the historical ranks of retractors.

On Friday, Oct. 31, the Colgate University student newspaper Maroon News ran the ad after failing to examine its content.

By Sunday afternoon editor Eric Levasseur had been made aware of the error by a member of the campus Jewish student union.

The paper, based in Hamilton, New York, ran an apology as the editorial for their next edition. Levasseur says the ad raised debate about freedom of speech, but the illegitimacy of Smith's views was a given.

"For the next week the issue was at the forefront of discussion on campus, to say the least," he said.

Just as the controversy dwindled at Colgate, the Cleveland State University paper was unwittingly about to draw up the same issues on their campus.

Jay Casey, editor of The Cauldron, says the ad ran on Nov. 3 and 6, slipping through the cracks because it wasn't properly read by the ad manager.

He says the paper issued a page two apology in the following issue after being contacted by concerned community members. Little debate ensued after.

In Boston, the staff at the Massachusetts Institute of Technology's student paper The Tech also moved swiftly to express regret after running the ad on Nov. 7 due to an oversight.

Hant-Lin Chuant, the paper's chairperson, says they ran a notice of apology in their next edition, which was distributed Nov. 17.

But she says they did not wait a week to notify the Jewish organizations which would likely be most distressed by the ad.

Chuant says by clearing the air early-on, they were able to make the mistake a learning experience.

"People weren't upset because they knew we didn't run it on purpose and they knew we were going to apologize for it," she said, adding they were fortunate that Smith did not get lots of media.

"I think the main goal of this

group is to get a publicity war against the paper," she said.

But at other American college papers the editors have defended the ad under the free speech amendment.

"I really don't think we have anything to apologize for. If you want an apology you should go after the person who wrote the ad," Paula Lavigne, editor of the Daily Nebraskan, the student newspaper at the University of Nebraska at Lincoln, said.

"I mean you can't defend the content of ads. People come after us for running ads for strip clubs and obviously we can't debate that."

The paper ran the ad on Nov. 5.

She says community members expressed concern about the paper's decision and a representative from the Anti-Defamation League visited the editors. Local television, radio and newspaper stations briefly covered the issue but debate which pitted free speech advocates against those who felt the anti-Semitic ad should not have run — is dwindling on campus.

The Daily Nebraskan is not alone in their quest to preserve free speech. Editors at Johns Hopkins University also believe Smith has a right to express his views, however distasteful.

"I'm not going to say that because I'm Jewish my point of view is the right one," Doug Steinke, a co-editor at The Johns Hopkins Newsletter in Baltimore, Maryland, said.

"I don't think we have the right to put only one point of view. That's what they do in communist countries. I don't think it is appropriate in the United States."

The paper ran the ad two weeks ago after reviewing it briefly. The issue has caused internal tensions within the primarily Jewish editorial staff, but has sparked little campus debate.

In an instance that defies all other cases, the student newspaper at the University of South Carolina ran the ad a few weeks ago without sparking any community reaction at all.

The editor of the Gamecock says they have not received any complaints and see no reason why the ad is an issue.

In Canada, perhaps community reaction was most immediate. After the ad appeared in the Varsity Nov. 17, the error was drawn to the staff's attention within two hours of the paper reaching the stands.

The Varsity also ran the ad as a result of an oversight and will be donating Smith's money to the Holocaust Education and Memorial Centre of Toronto.

Upon hearing where his \$440 is headed, Smith became aggravated. "That kind of annoys me," he said. "There is an unappealing irony there, that I nevertheless see the humour in."

Farber says following his suggestion to send Smith's money to an organization the Holocaust-denier lobbies against provoked the expected reaction.

"He is running away with his tail between his legs."

with files from Jon Bricker and Carla Tonelli.

Mass protest at U of T over Bush degree

by Dorsa Jabbari and Carla Tonelli
The Varsity

TORONTO (CUP) — About 1,000 protesters managed to make so much noise outside of the University of Toronto's honorary degree ceremony for former American president George Bush that it was impossible to ignore them indoors.

Guests for the ceremony were unable to breeze past protesters as pounding drums and flying snowballs accompanied their journey up the tightly secured walkway outside Hart House, the campus building where the event was held.

But authorities were prepared as one of the largest security forces U of T has ever seen, including the Royal Canadian Mounted Police, the Metro and campus police forces and the American Secret Service, descended on the campus for Bush's visit.

Inside the ornate hall where the ceremony took place, the tone was congratulatory and affectionate beneath the crowd's din. Guests included Ontario premier Mike Harris and former Canadian prime minister Brian Mulroney. U of T benefactor and Barrick Gold CEO Peter Munk was also in attendance. Bush acts as special advisor to Barrick Gold's international advisory committee.

While U of T president Robert Prichard kicked off the ceremony with jocular banter, the gaiety was momentarily challenged when over 30 faculty, dressed for the occasion in academic gowns, stood and walked out when Bush rose to receive his degree. The procession, led by world-renowned U of T scientist Ursula Franklin, exited the hall with measured steps and dignified grace.

But the laughs returned when Bush took the stage with a few witty chides at the protesters, reassuring the guests he was not upset.

"It doesn't bother me one single bit. Barbara walked out when I read her this speech last night," joked Bush.

"As for the people outside, it reminds me of happy hour at the Baghdad Ramada Inn," he laughed.

Bush added the protest was a kinder and gentler form of dissent than others he had witnessed, before launching into a description of his role in bringing down communism and protecting freedom of speech and the right to protest for one and all.

He spoke about his role in ending the Cold War, telling stories about the huge phone bill he racked up talking to world leaders and his joy at seeing young people dancing on the Berlin wall. He also had high praise for former Soviet Union leader Mikhail Gorbachev and former Canadian prime minister Brian Mulroney, before ending off with a brief mention of his upcoming book.

But outside, people did not find Bush quite so charming.

"I'm here to protest against this dishonorable degree," philosophy professor James Robert Brown said, adding that he would have cancelled his classes if any had been scheduled during the protest. "This guy is a murderer. Had I been invited into the ceremony, I would have walked out. I applaud those who will walk out today."

"I'm disgusted with U of T and its decision to honour George Bush with this degree. It's such an obvious conflict of interest given his connections with Barrick Gold and Peter Munk," PhD student Ian Clarken said. "It's no accident that Bush is receiving this degree. It plays right into what we see here, a relentless corporate agenda."

Jacob Glick, a student representative on the Governing Council, the body which ultimately decided to grant the degree to Bush, tore up his invitation on the steps of Hart House and started to eat it just before the ceremony began.

"I was chewing on it, but then I spat it out because it tasted like crap. It's ironic that it tastes like crap. Maybe that's how they made them. They're certainly tainted," he said.

To the east of Hart House, speakers from a variety of student and community groups addressed the protesters while nearby, several students burned American flags.

"Everything the American flag stands for has been completely violated by George Bush," second year philosophy student Matt Butler said as he tried to get his lighter working to resume sending the Stars and Stripes up in flames.

There have been a number of complaints by students about the treatment they received at the hands of police at the protest. Of particular concern are actions police took when guests and dignitaries were leaving Hart House. Eight horses moved in on the west side of Hart House and about 250 students were tussled for footing.

A student from York University was detained by Metro Toronto police for an hour and a half after the protest for 'possibly assaulting a police officer', according to one of the officers, but she was later released and no charges were laid. Another student was arrested at a store that the former president visited later in the day, but he too was released with no charges laid.

Protesters managed to block the executive limos trying to whisk dignitaries away for over 25 minutes, while others made their way to U of T president Prichard's residence where Bush dined that evening.



CUP GRAPHIC: Arthur 1997

Scrutinizing Pub Security

by Norman Shields
News Editor

Yet another LU student has complained about excessive force at the Pub Down Under.

The student, who was in the Pub on November 14 for the Headstones concert, claims that he was physically removed from the pub, suffering injury along the way - for the grievous crime of dancing.

Mickey Garneau, the Manager of the Pub is aware of the incident and contends that the student had been asked three times to "mellow out" before being ejected.

Mr. Garneau says the student was flailing his arms about wildly. He added that the student may not think his dancing is dangerous, but the reality of the situation, according to Garneau, is that if anyone had been injured as a result, the Pub would have been responsible.

Mr. Garneau also indicated that the student resisted when he was being removed. This resistance is what led to the student's injury.

Mr. Garneau wanted to emphasize to other students that if they find themselves being removed, don't resist. Of the student, Mr. Garneau said "It's not our fault. It's his fault."

Mr. Garneau would still like to speak to the student one on one, so that he might hear the other side of the story. He says that he encourages all students who have an encounter with the security staff to come and speak with him about it the next day.

He is adamant, however, that he will always support his staff on the day of the incident. He says this is

necessary to protect employee morale.

Mike Grube, President of the SGA, says that the police who were asked to supervise the concert agreed with the actions of the security staff. According to Mr. Grube, the police also expressed their general approval with the way the Pub is run.

Mr. Garneau admits that the Pub is probably "the most anal bar in Sudbury", but contends that there are good reasons for tight security at the students' bar. Paramount, is the fact that the Pub Down Under is a university bar, whose Liquor License resides with Administration.

Besides Administration, the Pub must contend with the provincial legislation that governs these types of establishments, namely, the Liquor Act and the Occupier's Liability Act.

Under the Liquor Act, all drinking establishments in Ontario are prohibited from admitting intoxicated persons to their premises, from serving alcohol to the point of intoxication and from allowing intoxicated persons to remain in the establishment.

The Act also authorizes establishments to use what "reasonable force" is necessary to ensure compliance. Mr. Garneau said that all Pub security staff receive intensive training for their duties.

This year, for instance, Pub security underwent "Smart Serve Training", were familiarized with the provisions of the Liquor Act through the lecture of Robert Solomon, a liability expert, and heard from LU's

Head of Security Larry Denomme and from the Harassment Office.

In the Pub's employees handbook, security staff are told that only about 1% of their job is related to "bouncing". Most of the work is related to public relations.

Pub policy with respect to ejection, according to Mr. Garneau, dictates that the security personnel should ask the offending party to leave before using any force. Most often, security will ask several times. If this measure fails to achieve the desired result, the security personnel may then escort the culprit from the premises, using as little force as is necessary.

The Occupier's Liability Act is of particular concern. Mr. Garneau said he would like to see people be held accountable for their own actions but, under the Act, the Pub is responsible for the well-being of all their clients.

Mr. Garneau says that hiring security staff from outside the university will not solve whatever problems may exist. If anything, he feels that such a solution may only serve to aggravate the situation, since traditional "bouncers", in his experience, are much less sensitive than those at the Pub. He adds that these positions provide employment to a number of LU students.

The Pub Down Under is owned and operated by the Students' General Association, and answers to the SGA Executive as well as the Pub Committee, which is composed of SGA and other university members.

Canadian unionized postal workers call national strike

by Sarah Viau
Asst New Editor

Although most of us would like to think that the hydro and phone companies and credit card agencies are getting in the Christmas spirit and not sending us our bills, the truth is that, at the busiest time of the year, most mail delivery has been ground to a halt. 45,000 postal workers walked off the job Wednesday, November 19.

"We are on strike because Canada Post has consistently engaged in bad faith bargaining . . . because Canada Post leaves us no other option," said Darrell Tingley, president of the Canadian Union of Postal Workers (CUPW).

Tingley is hopeful that the strike will spur a quick resolution of the dispute that has been simmering for several months. Negotiations first began in April, after Canada Post announced its plans to cut \$200 million dollars from its expense budget, which translates into 4,000 job losses, estimates CUPW.

The union ordered its members off the job just hours before the Canadian government-owned Canada Post was prepared to lock the workers out.

Canada Post confessed it had planned the lockout due to work stoppages at major mail processing centres, like in Toronto and Montreal, that were impeding operations. After CUPW announced it was in a legal

position to strike, there was a sufficient decline in the amount of mail, and consequently Canada Post was losing too much money. Canada Post was forced to lay workers off, which, in turn, precipitated the strike.

Canadian Labour Minister Lawrence MacAuley told reporters that he is carefully monitoring the strike, but he has no immediate intention to legislate an end to the strike.

What is it all about? Union members are concerned about issues of wage increases, job security, and increasing workload.

Union officials are seeking to establish an 8.6% pay increase over the next 18 months. Canada Post has offered a 3% pay increase to be allotted over the next 2 years, saying that the union's proposal would add another \$400 million to the corporation's annual costs, forcing the price of stamps up by 20 cents.

Canada Post circulates 6.8 billion pieces of mail and packages per year, which is approximately 19 million items per day. Last year, Canada Post earned \$12 billion on revenues of about \$5 billion. Union members are justifiably worried that, after suffering a loss of 4,000 jobs, they will be inadequately prepared to efficiently circulate the same amount of mail.

Further, Canada Post is currently seeking to restructure mail

routes - part of their 5 year plan to cut \$200 million.

CUPW has always had the reputation of being one of the most powerful union groups. It seems as though Canada Post is ready to show its muscles, and bar its teeth right back. On the night of Tuesday, November 18, the night before the strike, a "scuffle" broke about between the chief negotiators from both sides of the dispute. The fight was instigated by Canada Post's Jean Lafleur, who struck union official Philippe Arbour. This could have all been waved aside - if only it hadn't occurred in the presence of a Canadian Broadcasting Corporation radio reporter. The reporter captured everything on tape, and testified that the negotiators struggled on the floor of the hotel they were stationed in.

Lafleur has since resigned from this position, after apologizing publicly, and has been replaced by Raymond Poirier. Arbour says he is still considering pressing assault charges against the Canada Post member. Many of the CUPW members feel that the damage done by this incident is much graver than physical bruises. The hostility shown to the union by the corporation is a definite setback, as union will be much more weary in the future about trusting Canada Post.

LU NEWS BRIEFS

by Sarah Viau
Asst News Editor

The Canadian Merit Scholarship Foundation announces awards competition

CMSF announced on November 19 that it will commit \$1.5 million across Canada this year in over 150 cash awards for graduating students planning to enter university.

CMSF awards are different from most scholarships in that although the foundation expects a good academic record, it seeks mainly to identify and support talented students who show promise of leadership and a strong commitment to service in the community. CMSF funds these citizens to study on Canadian campuses to the benefit of their future and that of Canada.

Sudbury distance education

The Honourable Diane Marleau, Minister for International Cooperation and Minister responsible for La Francophonie, announced that the Canadian International Development Agency (CIDA) will support a distance education project between the Rotary Club of Sudbury, Laurentian University and the Ann Sullivan Centre in Lima, Peru.

The project supports a distance education initiative at the Ann Sullivan Centre, where Laurentian University helped set up video and audio conferencing units and trained the staff in its use. The centre, widely recognized for its work with the children with special needs, will be equipped to share its expertise and modern teaching methods with other teachers and parents in six learning centres across Peru.

COMMUNIQUÉ

Éducation de Sudbury à Peru

L'Honorable Diane Marieau, ministre de la coopération internationale et ministre responsable pour la francophonie, a annoncé que le Canadian International Development Agency (CIDA) supportera un programme d'éducation entre le Rotary Club de Sudbury, l'Université Laurentienne, et le centre Ann Sullivan à Lima, en Peru.

Ce projet continuera l'initiative au centre Ann Sullivan, où l'Université a déjà offert de l'aide. Le centre sera assez équipé pour partager les façons d'enseignements avec six autres centres d'apprentissage en Peru.

Encore des bourses!

La Fondation Canadienne des Bourses de Mérite (FCBM) a annoncé qu'elle aura 1,5 \$ million à donner aux étudiants de l'école secondaire qui entreront l'université l'automne prochaine.

Les bourses de FCBM sont différentes des autres bourses, car la fondation cherche pour les individus qui exigent des qualités de direction et qui ont un engagement fort au communauté, ainsi que des bonnes notes à l'école.

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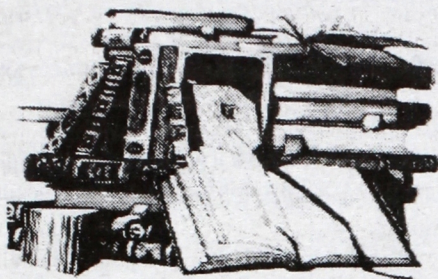
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NIPISSING UNIVERSITY

100 College Drive, Box 5002, North Bay, Ontario P1B 8L7

The Amiable Librarian



This column is based on questions or suggestions received by staff members of the Desmarais library, either personally or on the "Compliments/Questions/Suggestions" form that may be filled out neat the exit of the library.

Question: My friends and I were busy working on a project in one of the library study rooms. We were working so long and hard that we ordered a pizza for sustenance. When it arrived at the circulation counter, an unamiable librarian would not allow us to eat it in the study room. Instead, we had to break our concentration and leave the library to eat. What is wrong with having a snack while studying in the library?—Famished

Dear Famished: Eating and drinking in the library are big no-nos. First, you risk dropping crumbs, dripping grease or spilling drinks on library materials and damaging them. Your \$1.10 coffee from Tim Hortons could irreparably damage a \$500 encyclopedia. Furthermore, students are not the only library patrons that like to eat and drink in the library. Insects are attracted to any and all crumbs and spills. The problem is that insects start with your food mess, and continue by eating the library collection. For these reasons the Amiable Librarian demands that all library patrons take a few extra moments and exit the library before enjoying lunch, coffee, etc.

Question: If I'm not supposed to drink in the library, why does the library provide water fountains?—Thirsty

Dear Thirsty: The water fountains are there as a courtesy so that you do not have to exit the library just to satisfy a thirst, stop coughing, or wash down medication. However, note the locations of our water fountains. They are located FAR from any items in the collection. Thus even if you happen to cough

and spill a mouthful of water by the fountain, you will not damage any part of the collection. On the other hand, your bottle of water will damage any library material on your desk if you spill it.

Question: I'm not allowed to eat or drink in the library but when I sign books out there's nothing to stop me from eating or drinking while reading those same books at my house. What's the difference?—Famished and Thirsty

Dear Famished and Thirsty: The difference is that by signing out the books you assume responsibility for them. If you then return the items covered in peanut butter or stained with coffee, the library can charge you for replacement costs. The library has no way of determining who is responsible for damaging items used in the library. Furthermore, as noted above, the amiable librarian wants to avoid any crumbs or spills within the library which would attract insects.

Question: I must admit that I have nothing better to do than to wait for an additional photocopier. Please reserve more photocopiers for staff and "academic departments" so they sit unused. Please hire even less people so that the photocopiers all sit with flashing red lights. And please do not attach a writing instrument to these pages so that they won't take up any of your precious time.—CJ

Dear CJ: Your point is well taken. The Library Administration has tried to accommodate the needs of everyone concerned; however, it has observed there is a greater need for the students to have access to at least one additional copier, especially at this very busy time. Therefore, effective immediately, one copier only will be designated for staff and academic departments. Thank you for your suggestion.

Dear Lambda:

I would like to thank you for your coverage of Native Awareness week. I would also like to thank all the staff and students that organized the week which turned out to be a great success. If any of your readers missed it, then they missed out! However, I noticed that there was one person who did miss everything our SGA Cultural Affairs Director.

Since I volunteered for all of the week and was at all the events, I did not see the Cultural Affairs Director. Now I realize that it may not be possible to attend all the events but she didn't even attend the SGA sponsored events such as pub night and the pancake breakfast.

The university specifically sets aside this week in the calendar

to recognize the First Nations students here and to make the university more aware of the Native population, culture and issues. Now maybe the Cultural Affairs Director knows everything about us Natives and thus didn't need to attend, so if that is the case then maybe we can get her as the keynote speaker for next year!

So Cultural Affairs Director (You know who you are) please respond and give the university a chance to hear why you didn't attend ANY of the events. If you don't have the time like you didn't during Native Awareness Week, please step down! OR is your reason that Native Awareness Week didn't have anything to do with cultural affairs?

Name withheld by request

Dear Editor:

I wish to express my opinions to those who park in the pit who obviously never had their parents explain common courtesy to them. These are also the same people who drive ten miles around the parking lot around the parking lot to avoid walking twenty feet. In particular I would like to describe my personal experience of Nov. 19, 1997.

Finishing my classes at 11:30 a.m. I returned to my vehicle only to find it boxed in on all sides. Security did ticket the person behind me, however I later found out that this individual clearly was not the guilty party. Angered as I was, I took a look around and noticed about four other cars in the same situation. Is this a case of monkey see, monkey do or are there actually four independently stupid people attending this school?

Picture these scenarios. You have an illness, a family emergency, an appointment, you have to get to work, you have to pick someone up or maybe you just want to go home.

You plan to take your car but hey, you can't because some idiot doesn't understand that the vast majority of us can't drive through brick walls. Use your head!!!!

Because of your laziness and thoughtlessness I ended up wasting an hour and a half before I was able to leave. My ideas of what to do to your car entered my mind but unlike you I decided to use good judgment and contacted security. There was little they claimed that they could do but the wrongly issued ticket was revoked and for that I would like to thank them.

I am not Captain Kirk. I can not beam my car out of the parking lot. I am not Luke Skywalker, I can not use the force to move objects. I can, however, use a pen and paper and I did make a note of the model, colour and license plate of the car that obstructed me, in the event that this occurs again. I invite this person or any of the other violators to write to Lambda and explain to me the inner workings of your mind.

Greg Yuriy

Residence life

It sure is hard to believe that the first half of the year is already coming to an end. It just seemed like yesterday when we all moved in. Now with the end of the semester comes the dreaded exam time. So just a reminder that Quiet hours have now taken effect! Just remember UTAH, that you can't run through the halls except between the hours of seven and eight pm.

Another end of the semester tradition is Semi-Formal, which was held last Friday night for SSR in the Grand Salon (Great Hall).

Congratulations goes out to Anik, Steeve, Erin, Charles Chang for winning this year's UC Curling Bonspiel. Honorable mention goes to Mike Stesco, for risking life and nose to be on the same curling sheet as Phil Martins.

December 7th is the Residence Office's annual Christmas dinner. Come out with your floor mates and have Jen Guy's world famous Turkey Stuffing or sample some of Romeo's Egg Nog. I hope to see you all out there. (By Sam Rook)

Dear Editor,

I am usually the first person to defend the Women's Centre against the snide comments of some of my peers. It was with complete chagrin that I opened last week's issue of the Lambda and saw the letter from the Women's Centre to Payne Morgan. The letter was written in an insulting, juvenile tone that is far more appropriate on the playground of an elementary school at recess than at a university.

Rather than saying that Payne Morgan's article was chauvinistic, sexist, and seriously lacking in research and correct information, the Women's Centre made infantile attacks on the individual. It is impossible to defend the relevance and worth of the Women's Centre in light of this unbelievable behaviour. We can't honestly say that the centre is using their time effectively or in the best interest of the students. They obviously forgot that they are a student organization that is supposed to represent the interests of female students. This is not a forum for name-calling and personal vendettas.

The response from the Women's Centre not only managed to make Payne Morgan look like the mature one in the debate, it embarrassed the Women's Centre and let down all of the women who are supposed to be represented by the centre. I don't feel comfortable going to them with any issues and concerns that I, as a female student at Laurentian, might have. If they handle everything in the unprofessional and irresponsible manner that they have handled this sports writer, we are all in trouble.

While I certainly agree with the criticisms of Payne Morgan's articles, I cannot condone the manner in which they behaved. Is there nobody in a position of authority there who thought to check over the letter to the editor? Obviously someone should have put a stop to this immature attack in an effort to maintain the credibility of the Women's Centre and to keep them from buying into Payne Morgan's taunting.

I sincerely hope that in the future, the Women's Centre will grow up and get responsible. You should start being accountable for your actions and appropriately reflect the needs of students in a professional and mature fashion.

Sincerely, Disillusioned.

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Write to us but remember...

All submissions become the property of Lambda Publications and will thus be subject to editing.

Letters submitted must bear the author's full name and telephone number. Names will be withheld upon request. Letters must not be longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist or for length.

Dear Editor,

I'm sure I won't be the only one who will tell you that the Laurentian Pub has some serious problems. To mention a few, the bouncers are way too aggressive, concert prices are ridiculous, and the admittance policies are strangely absurd and annoying. due to this sad state of affairs, I try my best to avoid this claustrophobic drinking den. Alas, when a band like the headstones agrees to play here (who knows why?!) I must bite the Sudbury bullet and attend. Being a fan, and a fairly tolerant person, I figured that I could ignore the testosterone-infested atmosphere for one night. however, I was wrong! On Friday night, I was literally thrown out of the pub for, well...dancing. How could the pub invite bands to play down there but not invite people to dance?

For some unknown reason, a certain bouncer decided to use me to

impress his friends with his knowledge in the school of bouncing by slamming my head against a wall. It baffles me that the pub actually condones these actions. doesn't there have to be a potentially dangerous situation to justify any kind of hyper-aggressive, head slamming, bouncer techniques? Apparently the pub sees dancing as a dangerous situation. (And they wonder why no-one attends the shows!!)

This kind of human behaviour is brutal, and quite frankly it makes me sick! It's not my problem if these bouncers feel threatened by harmless musical expression. It is obvious that no-one else does. Maybe if the pub stopped instigating such childish beligerence, more people would go to the shows.

Perpetually frustrated,
Ben Stevenson

Letter to the Editor,

I am writing in regard to an article published in the November 13 issue of *Lambda*. The article was entitled "Feel the Payne" and was written by Payne Morgan. No, I am not on the hockey team or the basketball team, but I am offended. I've been an athlete at Laurentian for the last five years and never have I seen such a blatant attack on our athletes.

It seems to me that Mr. Morgan hasn't got his facts straight, perhaps the "boys in charge" are not the only people with "divine ignorance?" As for having a women's soccer team, I agree, it would be nice to have one at LU. However, with the funding cuts that the Athletic Department has received in the last few years, another team would be impossible at this time. Athletics is struggling to keep the thirteen teams we currently have representing our School. As a result, Laurentian Athletics has become more self-sufficient, that means sponsorship from local business, and fans in the stands! Yes, Laurentian Athletics would like nothing more than to add another team, but not at the expense of others. It costs a lot of money to operate a team; coaching and staff salaries, uniforms, travel expenditures (transportation, hotel rooms) and host expenditures (regulation equipment, event staffing, facility maintenance, official's fees...) are just some of the costs. To help cover these expenditures, most student athletes must take time out of their schedules to fundraise for their teams.

As for the Men's Basketball team losing to the Toronto McDonald's Jays - get a grip, Morgan, were you at that game? For one, that was an exhibition game, to give the

Vees competitive experience working as a team before the regular season. Secondly, the Jays are a senior team, guys that have been playing basketball all of their lives and have played together for a number of years (in fact, I heard one of them was on the Canadian National team). Under the CIAU regulations an athlete is only allowed to play for a maximum of five years. Our team has a lot of new players and they've only been together for three months! The Men's Basketball team and their coach, Peter Campbell (CIAU's Coach of the Year in 1997), should receive nothing but praise, they work very hard to represent Laurentian as best they can. I bet that if those two teams played again at the end of the season, the score would overwhelmingly favour the Vees. If you're interested, please call the Athletic Department for your free pass to really observe the Vees in action!

I think that at a small school, we have enough obstacles to overcome as athletes. We don't need guys who think they're Howard Stern cutting Athletics at Laurentian. The athletes at LU and the folks in the Athletic Department are working hard to put Laurentian on the map - it would be nice if we had a little more support from our school paper!

To the students of Laurentian, I encourage you to come out and watch your Vees in action. Home court/ice/field advantage doesn't go too far without fan support. It's nice to see that Morgan is encouraging students to come out and support Laurentian at games, but could we do without the insults?

Yours Sincerely,
Bronwen J. Davies

Yoda in the Downtown Core?

by Dylan Callens
Columnist

I speak of Yoda today because this weekend I received words of wisdom from an unknown friend. With all sincerity, this knob-goblin gave me advice about everything from anal sex to zoology (those are two things that don't work well together!). For the most part, however, he told me what I had to write.

I know that I've covered some strange topics to this point, but in a bizarre way they relate to downtown. Apparently I've been doing it wrong. I shouldn't be writing about topics that interest me. Nor should I use my space to discover new thoughts, entertaining those that like what I say and annoying those that hate my column. I was told that I should be writing about things I didn't even know happened.

Let me explain. The other night, as I tried to enjoy myself at Backstreet (don't ask why I was there)

there were a couple of people that I hardly knew, yet they insisted on talking to me. The knob-goblin was there and decided that he knew what was best for my article. Here is the story that I should write: in the United States there were some environmentalists protesting. The police came, chained the environmentalists to the trees, opened their eyes with two fingers, the way that we contact wearers do, then began spraying mace into their eyes. The end.

Yeah, this is reasonable and likely. I remember one time I was walking down the street, drinking a 7-Up when the police came and started clubbing me with their nightsticks. Or the time that I met Jim downtown, we started chatting, when from around the corner, out of the blue, a cop pulled out his .36 Magnum and blasted both of my kneecaps. Luckily, I was wearing steel knees, so the damage was minimal. As you can see, the

knob-goblin had reached stage one of *The Five Stages of Drunkenness* (November 13, page 10). He was sure that the story was relayed to me correctly and he was also sure that I had to write about it. After careful consideration, I found his argument so overwhelming that I am writing about the environmentalists. Well, in a way.

Can you imagine my astonishment when later on in the evening the knob-goblin told me that he was drunk and how appalled I became when he puked next to me. Yeehaw, will the magic of Backstreet ever die? Don't get me wrong. I'm not blaming Backstreet for this incident. I simply find it odd that I want to get into this topic right now.

PS- When I was a little boy I flushed the keys of my grandfather's new car down the toilet. He didn't even have a spare set made.

Next Week- What Really Happens if the Price is Right

Tales from the Right

Education Reform: Putting Students First

by Andrew Van Oosten
President, LUPCA

Education Reform is long overdue. Parents and taxpayers have been telling us they want changes that will better equip their children with the skills and knowledge they will need to face the challenges and grasp the opportunities of tomorrow. The Harris government is committed to improving the quality of education in Ontario. They have consulted, listened and are acting on what the education stakeholders have told them.

They are focusing resources

on students in the classroom by finding savings in the system and reducing the waste and duplication. They have also reduced the number of politicians in the educational bureaucracy.

They are enhancing education quality through a tough, new, back to basics curriculum, province-wide testing and standardized, understandable report cards. Parents and students need to know what is expected of them and how well they are doing to meet those expectations throughout their academic career.

The government has tabled legislation that will, if passed, limit class size. Large classes affect students' ability to learn. School boards and teachers' unions will never again be able to use class size as a bargaining chip.

Bill 160 is not about money (Maybe it is for the union bosses). It is about changing the system. It is about improved quality of education. It is about making the children, the students, the true focus of our education system once more!

Are you affected by the cost of your education?

From Campus Ministry

Here are some statistics:

Fact: \$ 8700 = Average student debt load after four-year university program in 1990.

Fact: \$20000 = Estimated 1997 debt load

Fact: \$25000 = Estimated 1998 debt load

Fact: 3000 = Number of bankruptcies involving student loans in 1990-91. (Doesn't include Quebec and the Northwest Territories, which have opted out of the Canada Student Loans Program.)

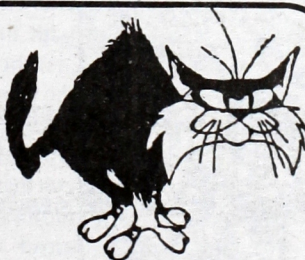
Fact: 8000 = Student bankruptcies in 1995-96

Don't just be a statistic. Be heard. Fill out a questionnaire at the Campus Ministry Drop-In Centre (L228), the AEF office, or the SGA office. This information is being gathered by the Canadian Catholic Campus Ministers in order to raise awareness of the effects of student debt. Your contribution will be used with others from across Canada, with the intention of making a news release by spring 1998. Tell your story, and make it known how the cost of education is affecting your life. Call 675-1151 ext 1080 for more information.

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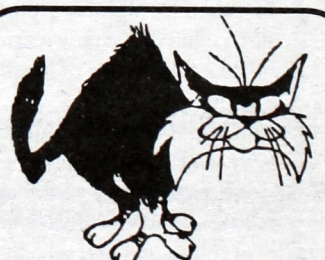
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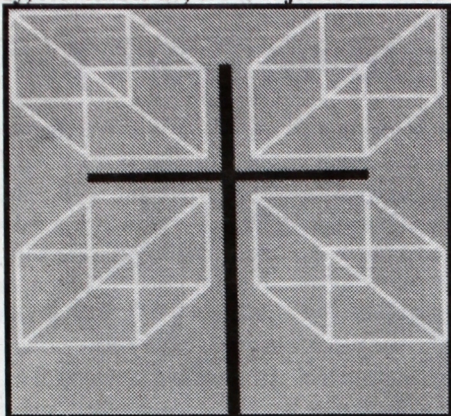
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Reminder:

Deadline for the current instalment of the News Department's Contests is tomorrow, Friday November 28 at 12:00p.m.
Please see Volume 36, Issue 10 (November 20, 1997) for complete details!



Cult Craze

by Sarah MacDonald
features editor

What's With These People?

Every now and then an obscure cult rears its ugly head in the media by doing something retarded to themselves or others. Like that bunch in Waco, or the comet catchers who chopped their willies off and killed themselves, the Solar Temple. What about the freaks in Tokyo who released poison gas into a crowded Tokyo subway? What the hell were these loons thinking?

It's pretty common to simply say that they must be crazy or seriously fucked up, or both. But the

truth is that the issue of cults and cult behaviour is pretty complex. There are a lot of contributing factors, including the social context in which they occur, the mental and emotional state of the follower, and what views and practices the leader puts forth.

Whenever I thought of cults, I always pictured a group of frazzled, psycho-nuts sitting around talking with the devil and plotting the end of the world. Boy was I missing the big picture. We are talking about some very small and some enormously vast

groups ranging along the scale of acceptability. This is big business, with some cult groups worth several million, if not more.

Cults can preach anything from the end of the world to the rebirth of Jesus. The point is that they mess with the minds of people and usually end up making the leader a powerful and wealthy person. How convenient. Part of me thinks that the poor suckers who get trapped in these groups kind of deserve what happens to them. I mean, come on, as if they

don't realize that they are merely the personal slaves of their cult leader. HELLO!!! But then the other part of me feels sorry for them that they were lacking so much in their lives that they had to turn to a cult to feel any kind of belonging or fulfillment. It's not completely their fault that they got brainwashed.

The tricky thing about cults is trying to balance protecting people from dangerous brainwashing cults while still allowing for religious freedom. Some religious groups get the

label cult just because they preach a different message and may have some odd behaviour. But just because a religion is different doesn't mean that it is wrong or should be condemned. Where do you draw the line? Certainly before you reach deadly actions, i.e. Manson, Koresh etc. but after difference of belief.

This feature tries to shed a little light on cults, their leaders and followers, and some of the most notorious cults in the world today, as well as others that may be wrongfully accused. Just bear in mind that cults thrive everywhere, and they prey especially upon university students!

by Sarah MacDonald
features editor

Cult Modus Operandi

Beware of wolves in sheep's clothing. The old warning is never more true than when dealing with cults. Often described as new reli-



gious movements, cults work their way insidiously into the lives of new recruits with such skilled manipulation that the victims rarely, if ever, recognize what is happening to them.

What begins as a friendly conversation or deep discussion about philosophical questions is a veiled attempt to find the chink in a target's armor. Cults actively seek out new recruits with the strategic planning and cunning of the most proficient con men. They misrepresent themselves in order to ingratiate themselves into the life of the new recruit, and to create a false sense of kinship with the target.

Cult members, in the guise of an attentive and caring friend, will pretend to share the same values and ideas as the target. Cults offer empty promises of enlightenment, salvation, and the "Ultimate Answer" to the meaning of life that appeal to people on many levels. Because the recruitment stage is often slow and deliberate, it is difficult to realize the full impact of what is going on until it is too late and the recruit has already bought into the cult rhetoric. Once trust has been established the mark (or target) is gradually introduced into the beliefs of the cult. They are shown glimpses of a family-like group that offers peace, acceptance, love, and a sense of belonging.

But the price for such gifts is

very high. Cults are characterized by an absolutism so encompassing that they put even the most totalitarian regimes to shame. There can be positively no questioning of the cult leader or authorities. Nor can there be any questioning of the founding principles of the "religious movement" itself.

Cult messiahs demand complete compliance and blind worship from their followers. Because of the strong psychological, spiritual, and frequently sexual or narcotic control of the leader over the worshippers, there is no limit to what lengths worshippers will go to in an attempt to please their leader. Every command must be obeyed with total conviction and the motives of the leader are above question.

In order to gain and maintain this absolute control, cults impose many conditions on their members. This includes isolating them from



anything and everything to do with their past lives. All contact must be broken off with parents, family and friends. Some cults even demand that all contact is broken off with anyone who is not a cult member.

To add to this dependence on the cult, followers are expected and even forced to turn over all posses-

sions and earnings that they may have. Not only is the emotional and social dependence enforced, it is backed up by economic dependence on the cult. With no independence whatsoever and the demand for wholehearted obedience, escape from a cult is extremely difficult.

Any expression of disillusionment or disagreement with the group is met by extreme efforts at maintaining control over the follower. Brainwashing, playing on emotional and psychological weaknesses, and even threats are commonly used to preserve the obedience of all cult members.

One escapee from a deviant cult was forcibly impregnated by the cult leader. She endured the pregnancy in an emotional haze in which she was very susceptible to mental abuse. In this very vulnerable state, she was forced to hear how she was unfit to care for even herself, never mind a child and how God would punish her wickedness if she left the group. Once the child was born, the mother was told that the baby belonged to the cult and that she would never see her child again if she left. It was only with the assistance of the woman's family outside of the cult that both mother and child managed to escape.

Cults always have a certain appeal on the surface; who wouldn't want to be a part of something bigger than themselves, feel like they belong somewhere, and believe that they have found the key to a blissful life. But cults can't bear up under scrutiny. Once you scratch the surface, they reveal themselves to be a sham that ruins the lives of those who got sucked in.

Biography of a Cult Messiah

Women were magnetically drawn to Charles Manson. Throughout his trial he was given gifts of underwear and invitations to 'have his way' with mesmerized fans. For some inexplicable reason, people are powerfully attracted to psychotic cult leaders. Why? Successful cult leaders all share one trait: they are spell-binding. These are people who inspire sincere devotion in all of their followers.

What is it that allows these leaders, mostly men, to literally control every thought and deed in their followers? Invariably cult leaders are charismatic, eloquent, highly intelligent, creative people who express intense passion and belief in what they believe. It is this intensity and passion that can be so alluring. How do you doubt someone who is charming, intelligent, has complete conviction, and has an answer to everything?

The Reverend Jim Jones, founder of the People's Temple, convinced hundreds to kill others and then themselves in the Jonestown massacre in November of 1978. He preaches a message of hope and renewal through Christ. Charles Manson convinced his followers to brutally slay others, among them actress Sharon Tate, who was pregnant at the time of her murder. All the while his female followers were clamoring for Manson's approval and sexual favours. David Koresh persuaded his Branch Davidians to remain with their children in the Waco, Texas compound and die in a massive fire.

The appeal of these and other cult messiahs works on many levels. They offer promises of a better way of life, solutions to all problems and confusion, and an enlightenment that, deep down, we are all looking for in one way or another. There is an emotional and psychological bond that is often unbreakable and difficult for outsiders to comprehend.

The cult leader takes the place of parents, friends, and lovers. For the follower, there is no one else in the world to turn to for love, support,

or approval. It is in the cult messiah that all trust and faith is placed. There is no life outside of him. That one individual comes to symbolize everything that is vital to life and spiritual redemption.

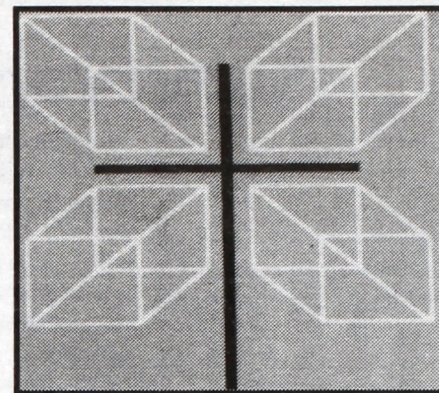
But cult leaders have an even more nefarious side. Sex and drugs frequently play an important role in the inner-workings of cult life. All religious movements have some doctrine about the practice of sex. For example, Hare Krishna's only engage in sexual activity for the purpose of procreation, yet other sects and cults preach a very different message.

Sex is often an act that is dictated by the cult leader or cult authorities. In fact, cult leaders often incorporate their right to control sexual activities into their religious dogma, claiming that they 'know what's for the best'. The implications here are that the leader can control who is having sex with whom, who is permitted to marry whom, thereby tightening the ties that bind his followers to the cult.

The other implication here is that the leader himself can elect to make use of his followers for his own sexual pleasure. Women and occasionally men are told that they must do as the leader says so as to keep in good favour and not risk the damnation of their eternal soul. Some cults even promote the practice of intentionally impregnating female followers in order to cement their membership in the cult and to expand cult membership. Cult messiahs not only control the thoughts and feelings of their worshippers, but they also control their bodies.

Cult leaders are dangerous people who use and abuse the people they claim to be saving. While not all cult leaders bring about the horrors of Jonestown, the Manson family murders, or the Waco disaster, they all rape the minds, souls, and sometimes bodies of their worshippers. The ironic thing is that these messiahs are so convincing and compelling that the victims do not even know that they are victims.

Continues



Getting Out

by Karen Thistle
staff writer

Although legislative proposals, voluntary counseling and preventive education all serve to help a person resist entering a cult, they do not help a person once they are a cult member. So how does a person get out of a cult?

Some people assume that if they can prove a group's teachings false or absurd, they can make or persuade a member leave the cult. While it may work with some people, a larger number of people are with the cult because they like the lifestyle or sense of belonging, not because of a specific belief.

In the 1970's "Black Lighting" (aka Ted Patrick) began a new process of exit-counseling called deprogramming. Named by the Children of God cult leaders, they teach members to fear his words and arguments because he will lead them away from the cult. Patrick almost lost his son to the cult in the early '70's and he decided then to find a way to reach other cult members and get them out of the cult.

The first step in his process is to 'kidnap' the cult member and isolate them from everyone. Usually family members are present with Patrick and the cult member. He continually asks the member questions that the cult has not programmed them to answer and forces them to think on their own. Often this is enough to breakthrough the brainwashing or snap them out of it. The next step is to replace Patrick with a ex-cult member for two weeks. The member and the ex-member spend time together doing what the member wants to do, often this is a time of rediscovering how to make decisions for themselves. After this time the member, know a ex-member helps Patrick remove more members. However, this process is not easy, leaving a cult is never simple and often the member battles concussion and depression. Patrick's method is not without its critics.

Galen Kelly disagrees with Patrick's methods. He doesn't believe that snapping the member back into consciousness is really the solution. Often it can be only a short term solution until the member return to the cult, and Kelly feels that in the long run this is not effective. Kelly believes that his method, which he started in 1975, is better because it offers the answer to why did the member really leave?

Instead of snapping out the member they evolve out and are educated during this time. They learn why they were more susceptible than others, how they were converted, how the conversion was maintained and importantly, why the left, how the conversion out was maintained and they develop the confidence to make

it in the outside world.

Kelly's deprogramming process takes fifteen days. First you have the effective custody. Five people including two family members, the cult member and Kelly with a ex-member of the same cult are all held up together in a hotel room. Phase one takes three days, in this time the cult member is told about mind-control, the general controversy surrounding their cult and the cult phenomenon in general. This process of three days serves two functions, one to confirm the member that what they underwent is real and powerful and to reassure the member that they are not crazy.

The discussion of the cult and how the member can start to see 83+.... is very important. It takes a large chunk of control away from the cult and empowers the member. Next the discussion of rituals is very important. The deprogrammer must be able to back up their claims with evidence in order to keep the member from reverting to giving total loyalty to the cult.

The second phases is the move Kelly's team and the member to New York (Kelly's base), where the member visits with various experts in the fields of psychiatrists and theologians. They combine to show the member the various discrepancies in the cult beliefs and the reaffirm that they are not searching in vain for the truth.

By the third and final phase, ten days later, the group number is down to two or three. The member returns home and the staff member remains a few days to help smooth the difficulty of returning to the family. After this process Kelly does realize that the now ex-member will need time to readjust however he feels the real battle is over.

Leaving a cult is never really easy, usually the member does not want to leave and it is the force of family members and deprogrammers that helps the person leave. Critics of these processes believe that this process which they label kidnapping is not the way to change a person. More over they don't believe that they have the right to force a person to leave a cult.

Critics argue that these people are grown adults and are allowed to make their own decisions in terms of personal and spiritual beliefs.

Not matter what view is taken the fact remains that few members of a cult leave voluntarily. Often members leave only when they have help from the outside in the form of family and friends. In cases where the family is unable to remove a member that is when the deprogrammer takes action. The question remains is it kidnapping or is it liberation?

Cults Prey Vulnerable

Cults are actively targeting vulnerable people in an effort to increase their numbers through recruitment. While the practice of converting believers is certainly not rare in religious movements, cults deliberately seek out those in need or in a troubled time in their lives. The recruitment and conversion tactics of cult groups are not above deceit, manipulation, and in some cases, brainwashing.

The most prime candidates are people experiencing a low point in their lives. Confusion, disillusionment, and loneliness are all red flags to cults that make a person easy pickings. No other group of people fits those characteristics as much as University students.

In large part University students are vulnerable because they are at a pivotal stage in their lives with newfound stress and decision-making capabilities. For many, for whom it is their first time out on their own, it is a heady experience. When a cult member makes friends with the unsuspecting student, they offer comfort, guidance, and a way to fill some kind of need in the vulnerable person. It can be too tempting to turn down.

But the question facing many of us is how this can happen? How can people be blind to the lies and controlling that cults are renowned for? Surprisingly enough, this question has fascinated social science scholars for years. It is a complicated issue that is only now starting to come clear. Theorists Lofland and Stark developed one of the most highly recognized theory of cult conversion.

Lofland and Stark developed a seven step model of conversion that explains how people become targets for cult recruitment and how conversion takes place. People are predisposed to become converts by 1) experience of enduring, acutely felt tensions in their lives, 2) must employ a religious problem-solving perspective (as opposed to psychiatric or political problem-solving perspective, 3) this leads them to think of themselves as religious seekers, 4) they must encounter the New Religious Movement (cult) at a turning point in their lives, 5) they must form affective bonds with one or more members of the group, 6) reduce or eliminate their extracult attachments, and 7) the convert must be exposed to intensive interaction with previous converts (Lofland and Stark, "On Becoming A World-Saver: A Theory of Conversion to a Deviant Perspective" in *Cults in Context*, Lorne L. Dawson, ed.).

It's all well and good that there exists a scholarly body of knowledge on cult conversion, but how does that help in keeping friends, family, and ourselves safe from cult recruitment? It is crucial to recognize when we are experience periods of vulnerability, or tension in our lives. It is difficult to defend yourself from the invasive recruitment techniques of cults when you don't even know that you are a target. Beware of self professed prophets who offer easy solutions to all of your problems. Sorry folks, but nothing in life is that easy and it's a real cop-out to buy into cult beliefs because they offer an easy way out, to let someone else do all of the thinking

and decision-making for you.

Ninety-nine percent of people think that they could never get sucked into a cult; they're too smart, too down-to-earth, and too independent. But if you talk to many former cult members, who managed to escape, those qualifications mean nothing. The conversion tactics of the cult are designed to integrate intelligence and common sense into their practices. Everything can be explained in a manner that seems rational and perfectly plausible. But more importantly, cults appeal to people on a level much higher than intelligence or reason.

Cults trade in the realm of the spiritual. Spirituality is a tricky thing in that one cannot really explain the power of emotion or the depth of the experience of a spiritual encounter. The ties that bind people together spiritually are the strongest in the universe. Once the cult has established power over the spiritual life of its followers, control is absolute.

We may all be searching for that spiritual connection or enlightenment, for a feeling of acceptance, and for someone to take us by the hand and lead us through the troubles of life. But there are no simple solutions and true well-being comes from self-introspection and cannot be spoon-fed from a cult leader. By staying aware, finding a supportive safety net, like family and friends, and by remaining critical of those who offer answers to all of the world's problems you can protect yourself and others from being assimilated and swallowed by the cult monster.

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Survivor Testimony

by Purity
former cult member

I was eighteen when I left for university and was out on my own for the very first time. I was more excited than sad to leaving home. Not that I had a bad home life, my parents weren't impossible or anything. I just never felt like I was in the place that I really wanted to be. I always thought that things would somehow be better when I got somewhere else. I hoped that for once I would really feel alive and fulfilled.

My school was like any other school, busy with students busting to and from class. When I look back on it now, it wasn't that I was miserable at school, in fact, I was pretty happy. But it wasn't what I expected it was going to be and I always felt as though there was something missing. I thought that there would be brilliant students sitting around drinking wine and discussions of philosophy and figuring out how to save the world and make a better and brighter future. What I found was people who just tried to scrape by and were more worried about finding drinking money and their sex lives.

I must have been a flashing target for John (not his real name). He started sitting beside me in our first year Philosophy class. He was older, handsome, and seemed so different from all the other people I'd met so far. We started talking after class about truth and the soul and whatever else seemed so important at the time. I felt like I had a new best friend that I could trust with anything.

Eventually our conversations moved to my place or his. I had never in my life felt so intimate and connected to someone. He really understood me, the most personal me. I loved that he was so interested in me. John saw things in a way that I never would have thought of. He told me about how to find true happiness and contentment. Whenever he spoke, he had a look of pure rapture on his face that I was a bit envious of.

Up until then, I had never met any of John's other friends. I guess he was discreetly preparing me. One night we decided to go out for a coffee. John said that he had to stop by a friend's place on the way. When we got there, a bunch of people were just hanging out, smoking pot and talking. We ended up staying and debating the meaning of life for the rest of the night. I liked these people a lot; they were so smart and sure of themselves but they never made me feel like I wasn't good enough or didn't belong. I really believe that that was when everything in my life changed for me.

I started hanging out with John and his friends more and more. It was such a gradual progression that I didn't even notice they were taking over my life. I had little contact with anyone else. I hardly ever went to class anymore or saw any of my other friends. We would all go on weekend getaways together and talk about love and spirituality. I was so accepted and they made me feel extremely important.

One day I went to our regular hangout, an apartment of one of the gang. Everyone was so pumped up because Jacob (not his real name) was finally coming home. I had heard them mention him before but he was away on some meditation journey or something, so I didn't think that much about him. If only I had known then that he would end up being the most important and influential person in my life, the only thing that mattered to me in my whole life.

Jacob was beautiful. He had this energy and glow to him. Everything he said made perfect sense. I just can't describe the intense and overwhelming presence that was Jacob. I was completely and utterly in love. What amazed me even more was that he loved me back. This incredible man, who knew everything just blew me away with his mind and soul. He really loved all of us, and we all felt special and extremely lucky to have him in our

lives. Jacob made everything O.K.

It wasn't all that long before we all moved into a large house. I dropped out of university and started working to do my share in supporting our "Family." I was so wrapped up in the new ideas in my head that lost contact with everyone. After all, my parents and siblings just didn't understand me like my new family did. No body else could possibly understand the beauty in our lives and while we all felt sad for them, we weren't about to dilute our love by infecting ourselves with the doubt and skepticism of others.

We were going save the world. Jacob had found the way to enlightenment and he was going to bring us with him. I never once thought that there was anything abnormal about a group of people living together, following one man and never having an original thought of our own. It was so easy to give in and let Jacob handle everything, he was so capable.

Then things started to get really intense. We were all smoking pot all the time. We only left the house to work and get food and supplies. Jacob told me to quit my job and start recruiting others to our family. He said that I had a responsibility to save as many souls as I could by bringing them to Him. John was still going to school, making new friends and now it was my turn to do God's work. When I hesitated about quitting my job Jacob was so disappointed in me that he couldn't even be in the same room with me.

I wanted to die. There was nothing more painful as being cut off from Jacob. I couldn't even turn to the others because they didn't want to upset Jacob by taking my side. It wasn't hard to quit my job and hit the streets with our hand made pamphlets about Jacob's teachings. I did what ever it took to be back in his favor. And once I was back in with him, I vowed that I would never again disappoint him.

Jacob taught us all how to be persuasive. We would pretend to be waiting for a bus and strike up a conversation with someone trying to connect with them. When we sold little trinkets to passerby's we were instructed on how to cheat them for change and do whatever we could to make the most money off of each person. This wasn't a sin because it was only helping Jacob to spread the message and bring the ignorant to the light of his knowledge. I could go on and on about all of the things that Jacob made us do, which we all did willingly, but it seems so inconsequential now that I'm away from it all.

We all had new names. We were now to be known by our spiritual names, mine was Purity. I was not permitted to acknowledge any other name. This was meant to help us obliterate our lives of ignorance that we had suffered before Jacob came and saved us. There were times when I had to do things I didn't really want to do but I did them anyway for fear of angering Jacob, or Saviour as we called him now. We were never allowed to turn down demands for sex, whether our Saviour wanted us to have sex with him or with each other. There was no such thing as dignity or will.



I was a part of the family for three years when one of the other girls got pregnant. We were all excited. She wanted to call her parents and tell them. Jacob was livid, he thought that the baby would make her want to leave and go back to her birth family. She was kept under guard until her baby was born. She wasn't even allowed to leave and give birth. All the women in the family had to deliver the baby in our kitchen.

Two weeks later, she was kicked out and the baby strayed. She had no money, no possessions, no friends and now no baby. We were all to ignore her. If anyone even looked at her we were letting our Saviour down and jeopardizing our immortal souls. Jacob said that he was the baby's father and had every right to keep him away from the evils in his mother. We were considered harmless in the community and no one really paid any attention to our family. The police were never called to help the mother get her baby back.

I started to have nightmares about baby snatches and could hear the mother's wailing outside our gate. This was the beginning of the end for me. I can't explain everything that happened to me. I was so torn and scared and ashamed. I didn't want anyone to know that I was having doubts. I wanted to go the pill so that I would not get pregnant but Jacob would never allow something like that. I wanted to ask Jacob how he could have done such a thing to one of his own. I desperately wanted to believe that Jacob was right in everything he said or did, but now I wasn't so sure.

I went out on a Friday afternoon in the middle of January to promote the word of our Saviour. Instead I walked to a phone and called my parents collect (Jacob didn't let us carry money). I told them that it was Purity on the phone and that I needed help. Thirty five minutes later, a cop car picked me up and four and a half hours later, my parents pulled up to the cop station.

Everything was in turmoil inside me. I didn't know what I wanted or what I was thinking or feeling. Every time I thought about how I left Jacob and the rest of the family, I panicked and wanted to race

back to him. But I held back and managed to keep going to therapy. It was the hardest most miserable time of my entire life. I thought about suicide so many times that it became a routine. Do I eat dinner or sit in the garage with the car on? Throughout this entire ordeal my family was with me one hundred percent. They could never fully understand what happened to me or what I was going through. I learned that to find love and acceptance I needed to be okay with my self and let others love me.

Its been almost nine years since I left Jacob and the others. Every once and a while I think I see one of them on the street or in the mall. I feel vulnerable and scared all over again. But now I know that it's okay, everyone goes through that. I went through a complex roller coaster ride that I wouldn't wish upon anyone. If only I had been aware. The funny thing is, it took me almost nine years to even mention the word cult. I never saw our family as a cult.

Cults were evil things with thoughtless morons chanting and singing. Our family was about love and spirituality. We really had the answers to life's mysteries and tragedies. I read an article a few years after my escape about the family. One of the followers tried to file rape charges against Jacob. She had a nervous breakdown and the case never made it to trial. It was then that talk of it being a cult really began.

Not all cults are giant money-making machines with a corporate feel. Nor are they all dooms-day cults that preach about the end of the world. Most cults aren't even violent in nature. What makes them even more dangerous is that everything on the surface looks clean but underneath the mental, psychological, spiritual, and sexual damage will never be completely healed. I haven't seen or heard from Jacob since the day I left the family. I'm afraid to see him because I can't say with 100% certainty that I'm not in love with him anymore. Maybe a core part of me still is.



Some Famous Cults

While there are countless cults operating in the world at any given time, some stand out more than others. Whether it is because of their appeal, their great number of followers, or because of dangerous and violent acts, these cults managed to stand out among the rest. Some you may have heard of, others may be new, to you. Some of these on the list may not be considered a cult by everyone. In fact, some religious groups have created quite a controversy as to their status as religious group or cult. Read on and decide for yourselves.

- Unification Church
- Solar Temple
- Scientology
- Satanism
- People's Temple
- Jesus People
- Heaven's Gate
- Hare Krishna
- Children of God
- Church of Island Pond
- Branch Davidians
- Aum Shinrikyo
- White Supremacists
- Manson Family
- Doomsday Cults, as a group
- Jehovah's Witnesses
- Christian Science
- Occult groups
- Wicken

Some Notorious Cults

Branch Davidians

The world watched in awe and gruesome fascination as the fifty-one day stand-off between the FBI and the Branch Davidians of Waco, Texas ended in a deadly blaze on Monday, April 19, 1993. Four American federal agents and eighty Branch Davidians, including twenty-one children and leader David Koresh were killed and several others were injured.

David Koresh was portrayed in the media as an "evil messiah" who abused his followers both physically and sexually. Given the escalating hysteria and tension surrounding the armed stand-off, it was easy to paint the Branch Davidians as the stereotypical cult; dangerous, mistreating children, and demonically bent on violence and destruction.

In point of fact, Koresh was deeply committed to biblical scripture. He knew the bible inside and out and was firm in his own interpretation of the scripture. Koresh, and subsequently his followers, was well aware of the fact that he would "die in battle". It was of course necessary for his martyrdom and to fulfill his prophecy about the end of the world. But he was not expecting the final battle until 1995 in Israel, not in 1993 in Waco. Throughout the ordeal at the Mount Carmel compound, Koresh expressed hope for a peaceful end to the stand-off but he could not surrender until he had "heard the word of God" tell him what to do. The FBI saw this as a ploy to buy more time and manipulate them. Federal agents grew tired of waiting and decided to enter the compound.

The appeal of Koresh to his followers, most of whom were plucked from the Adventist movement, was his innate talent for revealing the truth about biblical scripture. He focused intense personal attention on each new recruit. Many members claimed that they learned more about the Bible in three hours with Koresh than they had in a lifetime of studying scripture on their own.

As one twenty-five year member states about Koresh, "He'd say, 'What is it that you want? More Bible study?' And everyone would run and get their Bibles and come down. We might sit there for 15, 19, 10, or 6 hours. It would depend. It was never a bore. He could have been a professional entertainer, the best this world has ever seen. He would have us in stitches. We'd sit there for hours. It was just great being around him."

But there was another side to Koresh. His advocated the stockpiling of many weapons, in preparation for the apocalypse. He was also a polygamist; his several wives all bearing him children. No one else in the group was permitted to have any sexual relations. His children were to hold a sacred position in the Kingdom of God that would be established in Israel. Cult members actually believed that "David was shouldering that burden for us.", in reference to the burden of having sex, even with their own spouses.

Whether the fatal incident at the Mount Carmel compound in Waco, Texas was the result of poor judgment on the part of U.S. federal agents or the result of deviant, ma-

niacal behaviour of a religious cult, or both, we may never know. But the fact remains that several people died needlessly and the dangers of a cult should be understood, not overestimated or underestimated.

Manson Family

On August 9, 1969 five prominent people, including actress Sharon Tate and heiress Abigail Folger, were brutally murdered in the Hollywood Hills. Not long afterwards, the seemingly peaceful hippie group known as the Manson family were arrested and charged with those and several other murders. The world's love affair with the 'peace, and free love' hippie movement came violently to an end.

Charles Manson was a high school drop out who had spent most of his troubled life behind bars. He had a very long juvenile and prison record. Upon his latest release from prison, Manson entered the revolutionary sixties and was in his own personal heaven. These hippies were easy pickings for Manson.

Most of his recruits were women in their late teens and early twenties. The majority of them were pregnant or had small children. And all of them were heavily into dope. All of these characteristics made them vulnerable to Manson's control and domination.

Unified by their intense hatred of the established social order, the family retreated to the desert and into their own little world. The group began to collect guns and at the behest of Manson, they all began military tactics training in the California desert. These were not the average hippie communes that were so common in the sixties, these people had come under the spell of Charles Manson.

They were preparing for what Manson called 'Helter Skelter'. He believed, or at least claimed that the Truth had been revealed to him and only him. From a combination of a line from a Beatles' song and the entire White album, Manson discovered deep and hidden messages. The messages told of an apocalyptic future that Manson was obliged to help bring about.

Manson believed that supernatural powers would produce a world-wide race war. Blacks and Whites would kill each other off. Then Black Muslims would come out of hiding, kill the remaining survivors from both sides and then take over the world. But the Black Muslims, or "Blackies" as Manson insisted on calling them, would be incapable of handling world domination. They would come to the Manson family, who had survived thus far by hiding in Death Valley, and ask the Manson family to rule for them.

We all have seen footage of Manson in jail, at his parole hearings, and heard some of the sheer lunacy spouting from his mouth. The most terrifying thing about Manson is that a very small degree of what he has to say is true. Then he twists it around to become something ugly and violent. He is a fascinating living example of a psychotic madman who, to this day, has dedicated followers willing to do anything for him.

Christian Science

This cult explosion was the pet project of Mrs. Mary Baker Eddy. She claimed to be following biblical scripture but she believed that it had been so badly distorted by human error and the 'mortal mind' that she alone had been inspired by God to give its correct interpretation. Her interpretation was called Science and Health and it led to the birth of Christian Science.

According to Mrs. Eddy, one must never, ever try to read the Bible without her "Key to the Scriptures". Reading without her guide to scripture was liable to confuse and corrupt her followers. There simply was no possible understanding of the Bible unless it was through Mary Baker Eddy's interpretation. In fact, Mrs. Eddy claimed that before her, no one had understood God's message in the Bible.

Christian Scientists were taught to memorize all of Mrs. Eddy's writings, but never to memorize the Bible. They were also taught that her writings actually were the second coming of Christ. Mrs. Eddy was to be revered above Jesus, it was she, and only she, that understood God's message. Strict controls were in place so that none of her followers ever read any other relevant material or ever read the bible without her Key to the Scriptures.

The reason for this was very simple. She didn't want any of her followers to know that she had plagiarized her ideas and writings from various sources.

In 1861, her first husband brought her to a famous hypnotist and spiritualist who could cure her condition as an invalid. Phineas Parhurst Quimby brought Mary Baker Eddy back to health. In turn, she repaid him by stealing his philosophical teachings, combining them with ideas from "The Metaphysical Religion of Hegel" by Francis Lieber, and teachings from Reverend Hugh Blain, as well as several other minor sources.

She copied verbatim 33 pages from Lieber, including over 100 pages in substance. All of her teachings were stolen and based on the Eastern Mysticism associated with Hinduism. She taught that there was no sin, no hell, and that death is an illusion. There is no need to be concerned with salvation because everyone will live eternally whether or not they believed in Jesus. Jesus was just a man who was a perfect example of how to live your life. One could not even use medicine or doctors because matter wasn't real anyway and those things only took you farther away from God.

In her final years, Mrs. Eddy's health deteriorated to such a bad state that she was in constant pain and completely immobile. She didn't even believe her own rhetoric and relied heavily on morphine to endure through her pain.

This was a woman determined to have and maintain absolute power over her followers. She exploited their need for religious security and knowledge by cheating and lying about everything. She forced her followers to revere her

above any one else and rigidly controlled everything they believed in. Unfortunately for those who dedicate their whole lives to her, she was a complete and utter sham.

Unification Church

One of the most controversial and profitable cults operating in the world today has been Sun Myung Moon's Holy Spirit Association for the Unification of World Christianity, more commonly known as the Unification Church. It was with this cult that the phenomenon of brainwashing and deprogramming really came to the forefront in cult criticisms.

Founded in Korea in 1954, the Unification church eventually grew and expanded into many countries of the world. It now owns valuable property and a large number of businesses throughout the world including; movie studios, recording



companies, and publishing companies. They sponsor performing arts and international conferences for academics. The Unification church is a monster international conglomerate that has its fingers in many different jars.

Moon developed the church theology, known as the Divine Principle, which is a special interpretation of Old and New testaments with additional revelations which Moon claims to have received. Not only does the Unification church have guiding rules about religion, it also has rules on just about every aspect of life.

Core members usually live in church centers and work full time for the movement. Most followers work on the street selling literature, flowers or other goods for extended periods of time. All of their earnings are turned over to the church. This fund-raising is used to further the influence and economic power of the church and of Sun Myung Moon, known as the Father to his followers.

Moon chooses marriage partners for his followers and often performs mass wedding ceremonies in which hundreds and even thousands of couples are wed at the same time. Many of these people don't even know who their spouses are but wed anyway because it is the will of the Father. The last mass marriage ceremony was televised on international TV.

Some of the brainwashing techniques that Moon has been accused of include; love-bombing in which there is constant affection and touching between groups of people, sleep deprivation, protein withdrawal, sugar-buzzing in which blood-sugar levels are increased to create muddled brain activity, repetitive lectures, familiar music with "restored" lyrics, and other seem-

ingly innocent but insidious devices. The extent to which these accusations are true remains in question.

Scientology

This religious movement is the brain child of L. Ron Hubbard. He is the successful author of many books, both fiction and non-fiction and established the practice of Dianetics. Scientology is a massive movement that counters any attacks aggressively and sometimes illegally. Former members are often forced to go into hiding and fear for their personal safety, one such former member is Hubbard's own son.

Scientology is based on a complex, all encompassing philosophy that is incredibly detailed and lengthy. It is based largely on new ways to understand and treat mental health. Hubbard and his teachings came under attack from all sides, academics, the medical profession, and the media in general. The Guardian's office was created within the church of Scientology to protect the church from attacks and to ensure that the teachings were being accurately practiced throughout the movement.

According to Scientology, human beings are naturally good, but their goodness has been disturbed by a aberrant state. A lot of this is due to the 'reactive mind'. Followers of the church are taught how to deal with the problems of the reactive mind and to train the Thetan (the true self) to remember its true nature and express itself. Apparently its all about the urge to survive. The theories of Dianetics and Scientology are pretty complicated, if you're interested I recommend reading the original material from L. Ron Hubbard and the counter-material published by former members and critics of the movement.

Scientology operates a number of social action programs; Narconon (anti-drug), the Citizens Commission on Human Rights, Committee on Public Health and Safety, American Citizens for Honesty in Government, and many others. It is important to bear in mind that these groups often act as a front to attract new recruits without revealing themselves immediately as Scientologists.

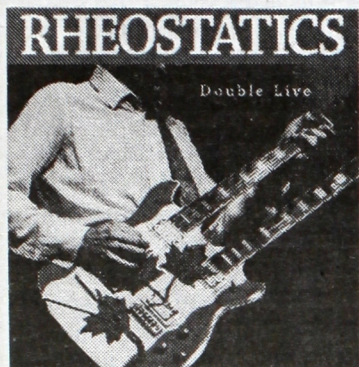
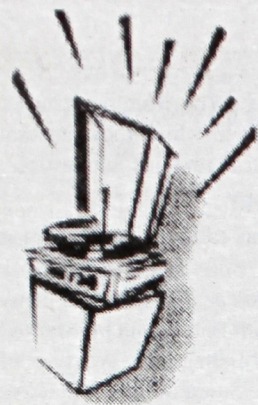
Most of the past and even the present of Scientology has been controversial. They have been in litigation on numerous occasions for their aggressive anti-criticism tactics, as well as for tax evasion problems, and their status as a cult versus a religious movement. Nowadays, they are gaining respectability, not without the help of their celebrity converts, like John Travolta, and Kirsti Alley among others.



L. Ron Hubbard

LEND ME AN EAR

Reviews by Mat Thompson, Entertainment Editor.



Rheostatics - Double Live

If you remember back to last year, I trashed the hell out of this group! The album was bad, the songs were worse, and they were opening for **The Hip**. Even with all that going against them, **The Rheostatics** have still found time to record a *Double Live* album featuring 29 of their best songs.

First thing first; I hate this band! Just thought I'd get that off my chest. Many of you probably think this is going to be a biased review, well, you're right. But I'll try my best to be fair!

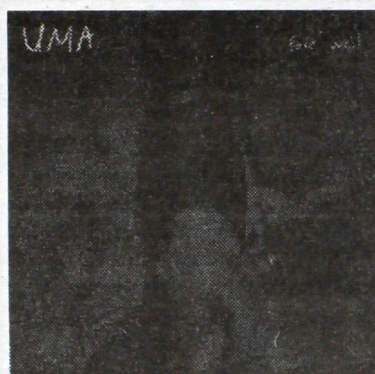
Double Live is a compilation of live performances from the spring of 1997 (when opening for **The Hip**). If you don't know the **Rheostatics**, this is a good CD to either get to like or hate them. The CD contains the **Rheostatics** usual grouping of folk rock and suburban alterna pop. There are many classic **Rheostatics** tracks like *Record Body Count* and *Horses*. Most of the old songs and many of the others are extended well beyond normal song length (upwards of 8-9 minutes each) as you would expect from a live recording. One good thing about this recording is that it flows with the crowd and the band talking, laughing and screwing around. It gives you the feel of an actual live event.

The CD also contains **The Rheostatics** brand of on stage humor with songs like *The Ballad Of Wendal Clark*, *Legal Age Life* and *Desert Island Discs*. These songs are actually funny and worth hearing as they are a little different than your normal, run of the mill folk rock. One very strange track on the second CD is the almost nine minute version of *The Wreck of the Edmond Fitzgerald*. This is not just a cover of the **Gordon Lightfoot** classic, it is a complete upgrade that will not stick in your head for days forcing you to contemplate suicide (as the original has done for years).

The CD bio claims **The Rheostatics** are "the most creative and fascinating quartet of this decade" and they are "Canadian music's worst kept secret". All I have to say about that is, there are many bands better than these guys, but after listening to the *Double Live* album, I will agree that they are a great Canadian band with a lot of talent. It doesn't mean I like them, I

just agree that this CD shows a lot of talent and a lot of creativity that you don't always see from bands today.

If you are a fan of **The Rheostatics**, then get out there and get this CD (or check this week's *Entertainment Trivia*). From what I heard on the two discs, they aren't half bad live. *Double Live* is available now, maybe even Santa will stuff your stocking with a little *Double Live*.



Uma - Fare Well

This is the debut album of **Uma**, and after listening to it, you wonder where they have been all this time. They are a great little band that blends the sound of **The Wallflowers**, **Bob Dylan**, and even a little **Jewel**. Sure, that sounds a little strange, but there is more than one lead singer on this album. The switching between the female and male leads lends a great new sound to the album.

The songs have a cool feeling behind them. When **Chris Hickey** sings, the songs have the folk rock feeling of days past, and **Sally Dworsky** brings her songs to the frontline with her strong, enchantingly powerful voice. She sounds a lot like **Jewel**, but she is not so fluffy about it. She uses her power to tell stories with her music. The two sing their own tracks and even sing together on many giving the listener a beautiful blend of two separate talents who work even better together.

The album will take you through songs that are quiet, and whisper their tales to you, to songs that jump with electricity. No matter what style, the songs all work well. **Uma** is (hopefully) going to be a powerhouse in the music business in the next few years. This is one of those groups that you hear and just want to hear so much more. Too bad this is their only album. Check out *Fare Well*, you will be pleasantly surprised.



Bobby Brown - Forever

After the phenomenal reunion of **New Edition** last year, **Bobby**

Brown has finally released his first solo project in five years. Has Bobby just become another has been trying to make a comeback on the heels of his wife **Whitney Houston's** fame and fortune. Well, if that's the case, then this is one hell of a comeback album.

Bobby has transformed from a pop star, to rap, hip hop to everything else, but with *Forever* he has found his groove. The new album has a very sultry, sexy feel to it with its overpowering feeling of love and happiness. No, it's not a hippie album, it is just a collection of songs dedicated to his wife and children that have true feelings behind them. Bobby's new sound is a mixture of the soulful ballads of **Barry White**, the hip hop sounds of **New Edition**, and the smooth stylings of **Boys II Men**.

The album starts off with a sultry rendition of *Nobody Does it Better* sung to Bobby by his wife, **Whitney Houston**. The album contains power ballads like *She's All I Need* (dedicated in an intro to Whitney), and *Forever*. There are also many upbeat tracks like *Heart and Soul*, *My Place*, and *Happy Days*. The track *It's Still My Thang* features Bobby's sister, rapper **Carole Brown**. The whole album has a strong feeling of family and togetherness with songs about true love, family, and sexual healing. That is probably what makes the album just that much better. The songs are not just cranked out hoping to get a few hits out of them, they are true feelings by the artist.

Forever is in record stores now and fans of **Bobby Brown** or hip hop should check this album out. I laughed when I first received this album in the mail, but I have to admit, I was pleasantly surprised when I listed to it. Check out this week's *Entertainment Trivia* to win a copy of this latest hit album.



Betty Moon - Stir

How to explain **Betty Moon**? Well, according to her bio, she is a spirit that has been reincarnated throughout the centuries as different forms of witches who have been able to see the future. From 1560 until now, **Betty Moon** has returned over and over, spreading her style of predictions, revelations, and music. Sound strange? No shit, eh?

Since her bio reads like one of **Nostradamus's** chronicles, and there is no real story behind where this woman comes from, I really can't say much about the artist known as **Betty Moon**. The one thing that can be said is that her photos hold a rare beauty like that of a young **Cher** or **Madeline Stowe**. Her pristine features and dark eyes

lend a beauty to her gothic aura. Just a look into her eyes and you will be transfixed for hours, under a spell of beauty and talent mixed all mixed into one.

The album is a mixture of musical influences that lead Betty into a gothic rock sound. She sings songs like *Brother Sunshine*, *One Day Closer*, and *Anything* that show her rock talent, then *Revenge* and *Vampire's Choice* bring out the gothic undertones of the album. The music is a great mixture of classic rock (i.e. **Lita Ford**, **Stevie Nicks**) that is strong and solid with the ever-growing presence of the gothic movement.

The album art is very interesting, lending the viewer an old world feeling, with colors and writing that seem to come straight from the Salem Witch Trials. This album is just all around cool. *Stir* is a self produced CD in which **Betty Moon** has written and performed all her own songs. It is available on Violet Records and should be heard by all. If you are interested, **Betty Moon** is playing **The Grotto** here in Sudbury on November 27. The album *Stir* is amazing and a live show should add more to the myth of **Betty Moon**.



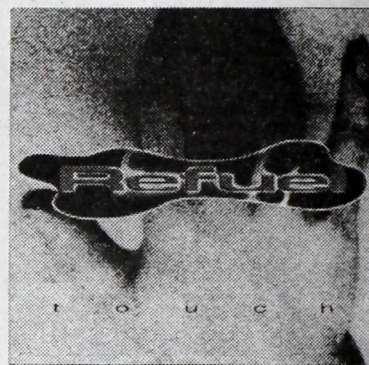
Space Monkeys - The Daddy Of Them All

Woo Hoo, another album from a British group that just can't shake the *I Wanna Be Like Oasis* syndrome. **Space Monkeys** hail from Manchester and do have their own sound and style, but some of the songs just lead you right back into the good old **Oasis** sound. Their bio even claims that they were trying to stay away from the **Oasis** sound, but they didn't stay far enough away for my taste.

The album contains eleven tracks that show the range and different sounds of the **Space Monkeys**. The album starts off with *Acid House Killed Rock and Roll*, *Blowing Down the Stylus*, and *Sugar Cane*. Through these tracks you get the feel of a great

club group with sounds like **Elastica** and a lot of chemical, industrial influences mixed in. It's just when you get past the first few songs that **Space Monkeys** turns into the **Oasis** style, giving the listeners nothing new. Sure, the songs are new, but the sound has been beat to death. The album contains tracks that show some amazing potential, but the strongest feeling I get after listening to the whole thing is that in about five years this band will be playing small pubs, covering the **Beatles** and **Oasis** hoping to regain some status.

The Daddy Of Them All has been released on a subsidiary of Universal Music, so there is a chance that the **Space Monkeys** will find a fan base with this album. If you like the latest British invasion, **Space Monkeys** may be for you, but if you are looking for a new sound, maybe try a different group.



Refuel - Touch

It's scary how much these guys sound like **Bush**. Their lead singer **Jeff Reno** is an exact duplicate of **Gavin Rossdale**. I have no bio for these guys so this is a quick little review.

Touch contains 11 songs that showcase the immense talent of **Refuel**. Their songs cover the alterna rock genre that is so popular today. Songs like *Long Lost Love*, *Nicotine Girl*, *Under* and *Veronica's Veil* grab ahold of the listener and just rocks the hell out of them. *Touch* (title song) is probably the best track on the album, as it has that laid back feel to it, but still contains the overall power of the rest of the album.

Refuel is a lot like **Bush**, but that's not a bad thing. This album is great and fans of the **Bush**-style sound should be very pleased by **Refuel**. Check it out, *Touch* by **Refuel**.

CHECK OUT THIS WEEK'S
ENTERTAINMENT TRIVIA FOR
YOUR CHANCE TO WIN UP TO
10 CDS FROM LAMBDA!!!
THIS IS YOUR
LAST CHANCE TO WIN UNTIL
AFTER CHRISTMAS!

Cinefest Returns with Award Winning Crowd Pleaser

The wait is finally over. Cinéfest tangles its way back to Sudbury's film scene Wednesday, December 3 with the Gala presentation of Masayuki Suo's Japanese hit, **Shall We Dance?** The film screens at 7:00 pm at Famous Players City Centre Cinemas.

An audience favourite at Cannes and winner of all 13 of Japan's equivalent to the Oscars, **Shall We Dance?** is Australia's **Strictly Ballroom** and then some.

On his way home from work every-day, Shohei is captivated by the beautiful young woman gazing out the window of a dance studio. Resolved to break the monotony of his middle-class predictable suburban existence, Shohei enrolls in dancing classes with hopes of meeting the mysterious woman in the widow.

Shohei's passing interest soon turns into passion as he transforms into a competitive ballroom dancer. His newfound vigour-a far cry from the typically cold formality of Japanese ordinary life-does not escape the notice of his wife and daughter.



Starring the talented Koji Yakusho as 42-yr. old "everyman" Shohei, and internationally acclaimed ballerina Tamiyo Kusakari as Mai, **Shall We Dance?** is a playful, probing romp through tradition-laden Japanese society.

Shall We Dance is generously sponsored by **The Investors Group**.



Reasons for a Party in December

December is upon us and we have compiled with the help of The Art Of Mixing Drinks (Bantam Books, 1957) a listing of reasons to throw a party every day of December.

1. Anniversary of the Chicago Stock Show
2. Anniversary of the Monroe Doctrine
3. Birthday of Illinois State
4. Release of Lambda's Christmas issue
5. Birthday of Martin Van Buren
6. Anniversary of placing capstone on Washington Monument
7. Anniversary of the opening of US-Africa airmail service
8. Anniversary of the American Farm Bureau Federation
9. Birthday of William Henry Harrison
10. Fewer than 14 shopping days until Christmas
11. 5 month anniversary of Pamela

- Anderson Lee's 30th birthday.
12. Anniversary of the one month completion of the New York Subway
13. Thank God it's not Friday the 13th
14. Two months to find a Valentine
15. Holiday issue of Esquire is on newsstands
16. Jenny McCarthy is exactly 9125 days old
17. Anniversary of the Wright Brothers first flight
18. One month anniversary of November 18
19. Pamela Anderson is exactly 20. Anniversary of mid-year graduation at the U. of Chicago
21. Pilgrims landed on Plymouth Rock
22. Only 3 shopping days until

- Christmas
23. Anniversary of W. Wilson Foundation
24. This is the last night until next year that they will play It's a Wonderful Life
25. Merry Christmas
26. Boxing Day, get pissed!
27. It's Saturday, have a party!
28. Holy Innocent's Day
29. Birthday of Andrew Johnson
30. 360 days until Christmas
31. What do you think?

If these reasons aren't good enough, then just throw a party. Why do you need a reason? All you need is a place, some friends and some beer. Get to it!

Check future issues of Lambda for listings of more reasons to throw a party in future months!

Sick Joke of the Week

An old man goes into a drug store and asks the young girl behind the counter for a package of condoms. She asks the man what size he needs and he explains "I have never had to buy these before, what do you recommend?" The girl comes around the counter and proceeds to look down the man's pants. She then gets on the loudspeaker and says "Extra large condoms to the checkout please."

Later a man in his 40's goes up to the counter and says to the young girl "I just was recently divorced and I need to buy condoms for my date tonight. I really want to impress her, but I don't know what to buy." The young girl comes around the counter, looks into the man's pants. She then gets on the loudspeaker and says "Regular sized, ribbed condoms to the checkout please."

About an hour later a teenage boy goes to the checkout and explains "I...um... need to buy some... um... condoms.. uh, please." The girl asks him what kind and he says he doesn't know. She comes around the counter, opens his pants and looks in. She then gets on the loudspeaker and says, "Clean up at the checkout please!"

Where's The Hart Foundation?

by Mat Thompson
Entertainment Editor

Wrestling fans, now that Bret Hart is officially in the WCW, many of you are wondering where the hell are the rest of the members of the illustrious Hart Foundation. Well, some strange things have been happening and I have all the info.

The British Bulldog, AKA Davey Boy Smith is out due to injuries. His contract is still valid with the WWF and still has a few years to go. He injured his right knee again at Survivor Series (the same one he hurt at One Night Only against Shawn Michaels). He is supposed to see an orthoscopic surgeon about his injuries, and the WWF hopes he recovers and returns to action.

Owen is a different story all together. After Bret's loss to Shawn and his federation jump, Owen approached Vince McMahon and asked him to remove him from the active wrestler line-up. Owen claims to have some issues he needs to resolve before he can climb back into the ring again. The main problem would probably be from his family. They want to pull out of the WWF completely, but he has a long term contract with the WWF. I think he would do a hell of a lot better if he stayed. He has always been overshadowed by Bret and maybe he can prove himself without big brother around holding his hand.

Now Jim "The Anvil" Neidhart. Does anyone really care? He only returned as a favor to Bret and now Bret is gone. I haven't heard anything yet, but I am guessing that he will appear in the WCW along

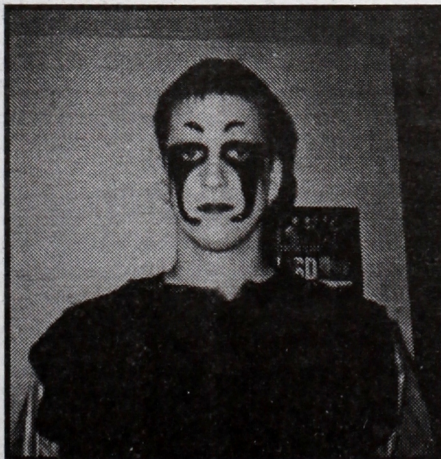
with Bret and former manager Jimmy Hart. It's not like Anvil is very popular anymore.

On to the rumor mill. Why did Goldust leave Marlena? Well, the main rumor is that Terry is pregnant with Dustin's second child and wants out of the wrestling game for a while. But why did Goldust have to turn into such a dick? Everyone is bad nowadays and I thought Goldust was a great good guy. I even went out as him for Halloween. Now he is a bad guy and I will have to cheer for a new favorite.

And last but not least, Rick Rude. What the hell is up with this guy? First he is AWF. Then he goes ECW for a while as an announcer, then he shows up as D-Generation X's insurance specialist. Then within months he becomes the newest member of the nWo. This man has been in more federations in the last year than I can keep track of. He now claims to hate Shawn and has an alliance to Bret. Who cares? The guy was a bad wrestler and had chicken legs. I'd hate to see him put on the tights again

and wrestle, but hey, he is in the Gerotol Wrestling Federation anyway, so it's not like he would stand out.

That's all I have for this week, and yes, that is a picture of me, dressed as Goldust for Halloween!



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Christmas Shopping Fun

Do you hate stupid people when you are shopping? You know the type, getting in your way, taking too much time at the check out, or just being plain stupid. Well, here are some things you can do just to add a little more spice to your holiday shopping spree.

1. Walk down really thin aisles as slow as possible mumbling "Where the fuck is the McDonalds?"
2. Go to the toy section, up pack the best toy gun you can find (preferable one with a projectile). Set up a defense post, and every time someone tries to come down the aisle, shoot and defend you territory.
3. Fill a shopping cart full of things you will need for a camping trip. Go to the sporting goods section, set up a tent and proceed to camp out.
4. Sit in a change room with the door unlatched and scream whenever someone tries to enter.
5. Grab an intercom phone and in a panicked voice say "Code 3 in the toy department. I repeat a code 3 is in process." and watch the employees run.
6. Ask employees if they have seen your moss-covered, three-handled, family gradunza.
7. Go to the pet section and release the mice from their cages yelling "Run my brothers, run!"
8. Try to pay for a purchase with M&M's.
9. Ask an employee where something near by is. When they go to get it for you, run away. Find that person about one or two hours later and ask them "Where the hell is the item I asked you for. I have been waiting for hours?"
10. Ask the sales clerk if they will take your little brother or sister in trade for a kick ass car stereo.
11. Load your jacket up with items as if you are shoplifting, then go around and return them to their shelves while security follows you close behind.
12. Get a pillow and sleeping bag and try to sleep on the highest shelf you can find.
13. Jump from shelf to shelf singing the Spiderman theme song.
14. Go up to perfect stranger and ask them if they have seen your Mommy?
15. When people turn their backs, take their shopping cart and replace it with one full of underwear and condoms.
16. Sing Christmas carols at the top of your lungs.
17. Walk around on your hands and complain that they always put the price tags on upside down.
18. Get on the intercom and announce that the next 20 people through checkouts 2, 4, and 6 are going to receive 50% off all items they can carry.
19. Walk around with your underwear on your head and ask people if they feel a draft too?
20. Press as many Tickle Me Elmos as possible and watch them come flying off the shelf.
21. Unpack as many Star Wars toys as possible and create a battle scene in one of the isles.
22. Go to the lingerie section and ask them if they carry specialty dental floss.
23. Go to the lost and found department and tell them you have lost your sense of direction, sense of humor, and your smile.
24. Go to the underwear section and point to underwear meant for the opposite sex and tell people that you are wearing that kind and it feels great on your ass.
25. Fill shopping carts and randomly leave them in different parts of the store.
26. Introduce yourself to perfect strangers as "Bond, James Bond."
27. Follow one person around and constantly ask them "are you actually going to buy that?" every time they pick something up.
28. Take your significant other to the bedding department. Start to make out like maniacs on a bed and when they ask you what you are doing, explain "I'm not going to buy it unless I know it has as much bounce as my last bed."
29. Go up to employees and ask "So, do you come here often?"
30. Go on the intercom and announce Jewel will now be signing CDs in the music department.
31. Walk up to people and say "I love the smell of Napalm in the morning!"
32. Go through the check out and tell the cashier that you are wearing the underwear you want to buy and you hope she can scan you down there.
33. Go to the sports section and chip golf balls over the rows of merchandise.
34. Throw practice balls over rows and yell FORE!
35. Protest in front of the magazine stand claiming that it objectifies the brutal and useless murder of innocent trees.
36. Start moving things from one section to the other the whole time muttering, "This lay out is all wrong. If they would just listen to me, I can make this store flow so much better!"
37. Drag race your friends in shopping cart down really busy aisles.
38. Sit down in the sporting goods section and start counting the dimples on all the golf balls. If someone asks you what you are doing, tell them "I want a ball that has one extra dimple in it for extra distance."
39. Start up a conversation about nothing with the store greeter and see how long they will actually talk to you.
40. Walk even slower in front of an old person and see how they like it!

THE MOTHER OF ALL ENTERTAINMENT TRIVIAS!

This week, I am feeling in a very giving mood! So, as an early Christmas gift to you, I am giving you five different prizes available to win this week! Just circle the prize you want to win and you will double your chance of winning that prize. If you don't win though, you will be eligible to win the other CD packages. So just answer these two easy entertainment questions and you will have a chance to win some free CDs.

Question #1 - What star of ET and Firestarter is killed in the opening scenes of Scream?
Answer - _____

Question #2 - What band recently played the Pub and features Hugh Dillon on lead vocals?
Answer - _____
Name - _____
Phone Number - _____
Student Number - _____

Circle the prize you want to win (you will be eligible for all):

- | | | |
|---|---|--|
| Package 1
Rheostatics &
Ed Herman Band | Package 2
Bobby Brown &
Rakim | Package 3
Royal Crowns &
Southern Culture |
| Package 4
Blue Peter &
Ivan | Package 5
Superhalo &
Download | |

All entries must be received by no later than 1pm on Tuesday, December 2nd. Winners will be contacted by phone and printed in the next issue of Lambda. Good luck as this is the last Entertainment Trivia until after Christmas break! No multiple entries please!

My Two Cents' Worth
What is Your Best Money Saving Strategy?

by Jane Djivre
Staff Writer

This edition, I have decided to glean from the knowledge of Laurentian's own students. I asked several students what their best money-saving strategy was, and here are some of the results. Put into practice, these ideas are sure to save some of your hard earned cash.

"I put my money into the bank as soon as I can. If I don't see it, I won't spend it." —SD

"I put all my change into a jar. That way I'll have something in those desperate times if I ever need to scrounge for cash. I also put a couple of dollars into a jar every day, and I don't touch it until I really need to. It really adds up over time." —KC

"I buy for needs, not wants." —MD

"I give the money to my parents until I really need it. I also have automatic withdrawals from my bank account to a GIC." —RJL

"I keep the money in an account collecting interest. I pay my bills first (and on time) and I see how much I will have left over. I don't spend what I don't have. I read flyers to get the best shopping deals. I got rid of all my credit cards." —SJ

"As roommates, we carpool and split all expenses." —DJ and NPG

"I try to avoid having money in my pocket. If it's there it will get spent." —SC

"I put some money into an RRSP." —JD

"I just don't spend it!" —JN

Being a frugal student doesn't have to mean being a deprived student, especially if you plan ahead and take some deliberate steps to save. Sometimes even baby steps will produce big rewards in the long run. If you have any money management or savings strategy topic you would like to see in My Two Cents' Worth, send your ideas to the Lambda office, c/o Jane Djivre.

The Kraft Dinner Addiction

Christmas is coming and I know everyone is trying to get as much KD into their systems as possible before having to eat like a human for a few weeks while at home. Many parents don't understand the addiction many students (especially in rez) face after eating KD every day as their daily supply of nutrients. Kraft Dinner is an essential part of the survival of many students at Laurentian and across North America. Here are some signs of the Kraft Dinner addiction. If you suffer from any or all of these symptoms, make sure to show this to your parents at Christmas break, and have a good supply of KD waiting for you.

1. You die your hair an orange tint that looks a lot like the color of the KD cheese powder.
2. Everytime you look at any food, you think how you could mix it with KD.
3. Your clothing style changes and seems to reflect the colours of the KD box (blue, white, and orange).
4. You no longer crave SPAM.
5. Actual cheese just doesn't have that great powdered taste you love.

6. Any other brand of Mac and Cheese will send your body into seizures until it has been fortified with Kraft brand.
7. Your sexual fantasies include Jenny McCarthy or Lorenzo Lamas naked and frolicking with you in a pool full of Kraft Dinner spirals.
8. Froot Loops just don't taste the same without a little left over KD mixed into the milk.
9. You love that cheesy orange color the KD leaves in your milk (see #8)
10. You get excited and start shaking when you smell KD cooking. Real addicts can smell a pot of KD from at least 1.4 kilometers away and know if it is original or spirals.

11. Sundays are not for studying, they are the perfect day to check every local grocery store to see who has the best deal on KD.
12. When you go through the 8 items or less line at the grocery store, you try to convince the checkout person that 45 boxes of KD is actually only one item!
13. You nickname your significant other something like "My little spiral", "powdered cheese", or the truly desperate "little Mac"!
14. At major holiday dinners, you ask "Where's the KD?"
15. You have been lobbying East Side Mario's to include KD on their regular menu.

16. You have created an orange shooter called the KD Krusher and you try to teach the bartenders at Ralph's to make it for you.
17. You always have a packet of powdered cheese in your pocket for those days when classes are just too long.
18. You buy two goldfish and name them MAC and CHEESE.
19. You entered the I Love KD Tour hoping to win the year supply of KD and vowing you will give the \$10 000 to charity.
20. You read the Kraft Dinner Recipe of the Week and cut the good ones out!

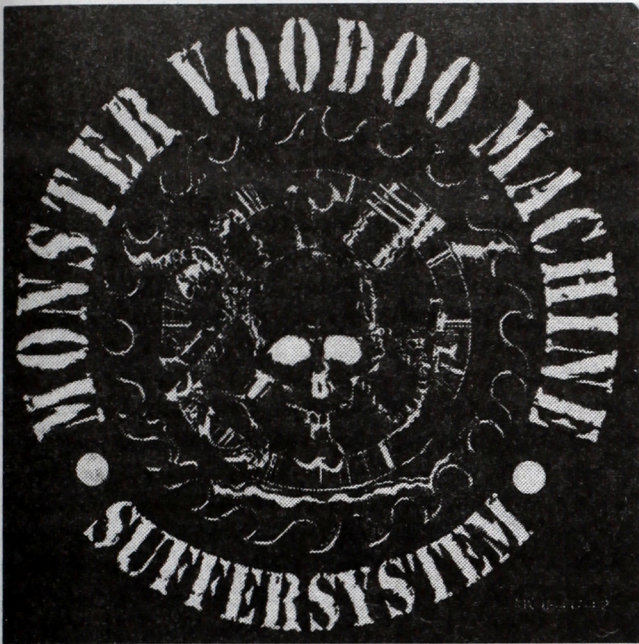
Live on Stage

by Mat Thompson
Entertainment Editor

I received a call from my friends at Hype Music who wanted me to check out **Monster VooDoo Machine** at the Townhouse. I'm willing to hear anyone once and couldn't wait to get their CD and bio in the mail. Well, Canada Post went on strike, I didn't get the CD and I had to go into this show blind. I had no idea what these guys sounded like, what style of music they played, or even how many members were in the band. I'm always up for a challenge so I went to the Townhouse on September 22 and checked them out.

There was no opening band, so the band took to the stage and played a few covers just to warm the crowd up for themselves. Still not knowing what they were going to sound like, I sat back and listened. **Monster VooDoo Machine** is a hard rock band! Extremely hard! Lets just say they are a lot like **Sepultura** and **Gwar**, but you can actually understand what they were saying.

After completing their rendition of some of their musical influences (**ACDC's Dirty Deeds** was the best of the bunch) they took a break, then hit the stage with their own stuff. By this time the bar was packed and you could barely move. Fans created the first mosh pit in the Townhouse I have ever seen and started slam-dancing from the start. The band was loud, loud, and even louder playing to the fans who screamed and yelled along with the band.



I felt a little out of place since everyone but me seemed to know this band, but I loved the show anyway.

For you fans out there who have wondered where these guys have been, they broke up for a while, created **Def.Con.Sound.System** and **Semi-Automatic Reflex**. One member joined **Raggadeath**, but after everything came together, it all came to an end, and from the ashes, **Monster VooDoo Machine** emerged once again.

MVM has played Sudbury a few times before and will probably be back once again. Their last album was *SufferSystem* and the band hopes to get a new album out by early next year and as long as they are with the same publicity group, then we will be sure to have a review for you. In the mean time, check these guys out when they come back to town. They have a very strong fan base and it is well deserved. So if you like a lean, mean, caffeine fueled rock machine, find the **Monster VooDoo Machine** at a bar near you!

Dear Dharma

Dear Dharma: My roommate is always on the phone or talking to people in the hallway. I know they are talking about me. I don't even have to hear what they are saying to know that they are talking about me. For some reason, everyone in this school is always talking about me. As I walk down the Bowling Alley every one is looking at me and it bugs me. I was kicked out of the Pub because I yelled at this girl who was talking about me for hours to her friends. How do I make myself a little less conspicuous so people will just leave my life alone? I also don't like the fact that all your letters have been about me. I know you know me and I wish you could just discuss someone else for a change!

Anonymous

Dear Anonymous: I think you have a problem. Most people would probably tell you that they are not talking about you, but you know they are! One way to stop them is to wear a tin foil hat. It blocks any attempt for people to read your mind. The best way to stop your roommate from talking on the phone about you is to disconnect it permanently. As for everyone else who talks about you, maybe you should stop them and explain that you can hear them talking about you. People will understand, I swear! And remember, I know who you are and I am going to go on talking about you in every issue from now on! We all know you and we all love to talk about only you. Didn't you know, **Lambda** is really just stories about you that have been altered to look like normal news stories. Oh, by the way, when you see a bunch of guys after you in white coats, run at them yelling "You can take my spirit, but you can never take my freedom!"

Dear Dharma: Two of my professors have scheduled tests during the last week before exams. I thought there was a rule that they can't do that? Is there any way I can protest?

Swamped

Dear Swamped: Sure, why not. The teachers across the province went on strike, the Postal Workers went on strike, why not you. Start your own little strike and pace back and forth in front of the registrars office. If security asks you to leave, ask them why students are allowed to walk out of class to support the teachers union, but you can't protest tests too close to exams? Trust me, strike and you will be heard! Everyone else is doing it, why not you?

Dear Dharma: Two trains leave Sudbury and Toronto at the same time on the same track. The one from Sudbury is traveling 70 Kms per hour and the train from Toronto is traveling at 85 kms per hour. How long before they collide?

VIA

Dear VIA: You are an idiot. Why the hell do you care when they will collide? Unless someone you know is going to be on one of those trains you should just go back to your little bong and take a few more hits. Tell me VIA, what color is the sky in your world?

Dear Dharma: I want to get a tattoo but my boyfriend says he doesn't want me to destroy my body with a cheap looking decoration. He claims he likes my body the way it is and it will look stupid if I get a tattoo. What can I do to change his mind? I really want a tattoo!

D-Cal

Dear D-Cal: It is kind of funny how your boyfriend is so worried about how your body is going to look to him. Does he own you? I don't think so! Tell him flat out that if he likes your body the way it is, you are going to do some altering. Tell him you are going to eat like a pig and gain weight. You are going to shave your head, get four nose piercings and only wear clothes that look like a lumberjack. You are going to always put your make-up on the wrong parts of your body and only take baths in tomato juice. Once he gets that little picture of how you will look in his mind, I don't think the tattoo is going to be as big of an issue anymore.

NEWS FLASHES

No More INXS

If you haven't heard by now, Micheal Hutchence, lead singer of the popular rock group from the 1980's and 90's has died this past weekend. He was found in his hotel room, where he allegedly hung himself with one of his belts.

Leatherface Returns?

If you haven't seen the previews yet, there is a forth installation in the Texas Chainsaw Massacre Series. Although it was filmed a few years ago, it is finally going to be released, or is it? For some reason the movie keeps bieng put on and off the shelf. Why not just release it? Well, it stars now famous Matthew McConaughey (*A Time To Kill*) and Renee Zellweger (*Jerry Maguire*) before they had their big break. According to *Entertainment Weekly*, there is a chance that one of the two stars are trying to stop the release of the movie. Gee, I wonder why?

Bond Sinks the Titanic

Well, its not official yet, but it just might happen. The new James Bond flick *Tomorrow Never Dies* is set to go up against the most expensive movie ever made, *The Titanic*. Both companies are sure that their movie will prevail, but with two virtual blockbusters opening on the same weekend, one of them is going to sink. *Titanic* has swamped the media with advertisements and stories about problems and blown budgets, so every one is curious, "Is the movie any good?" But think of all the Bond fans out there. There are at least four generations of people who love James Bond and would rather see him save the world than see Leonardo DiCapprio fall in love on a doomed boat. And hell, we already know the ending to the *Titanic*!

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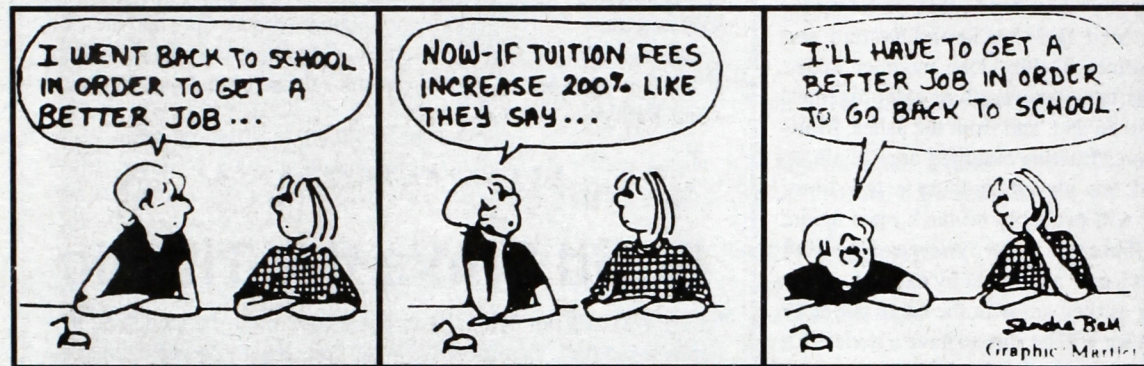
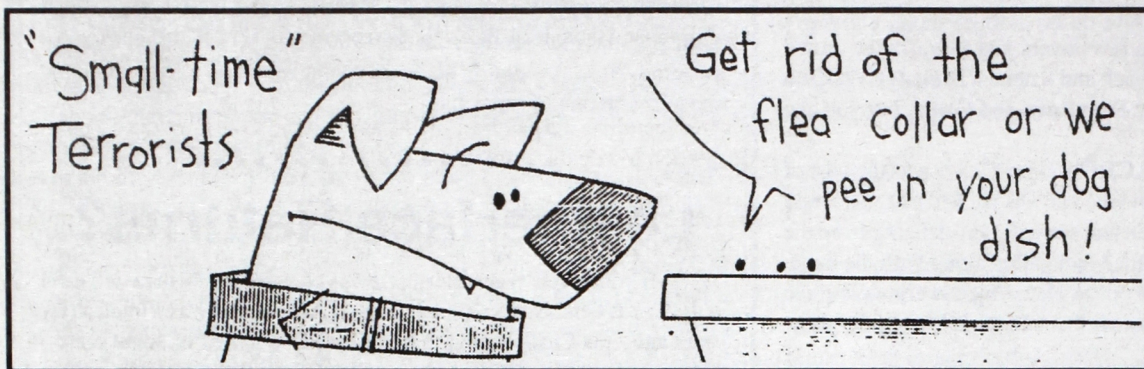
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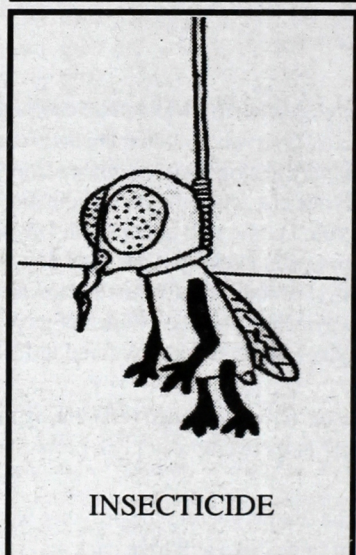
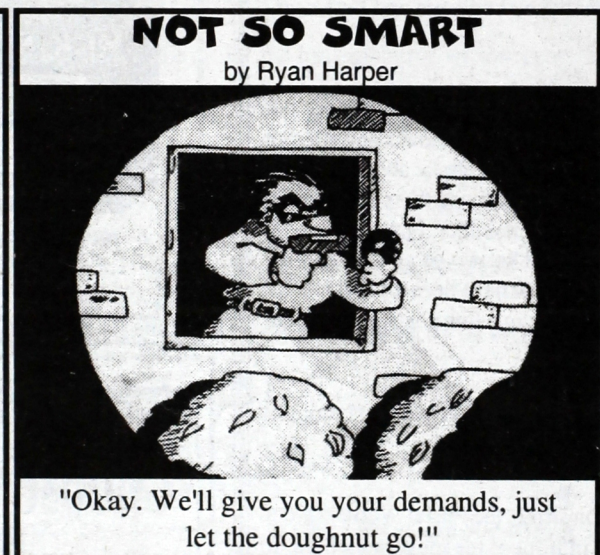
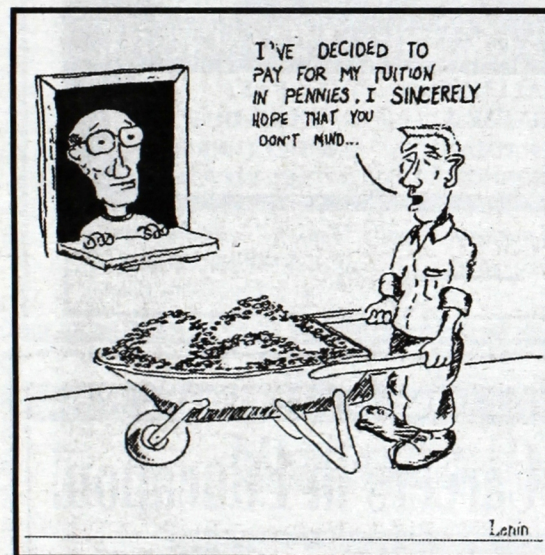
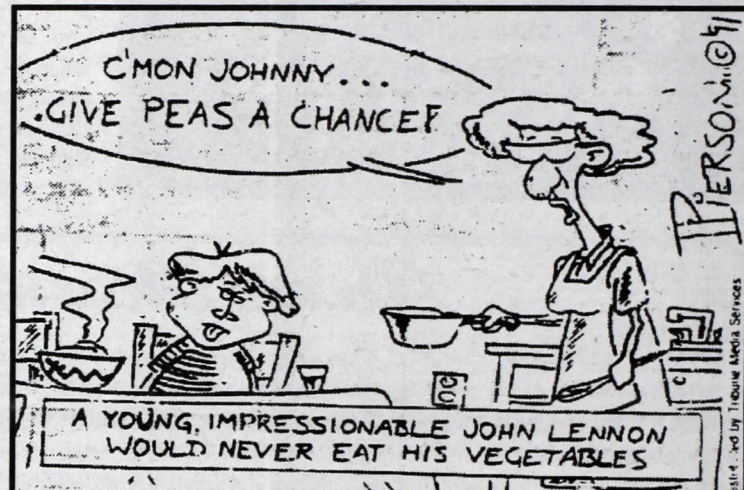
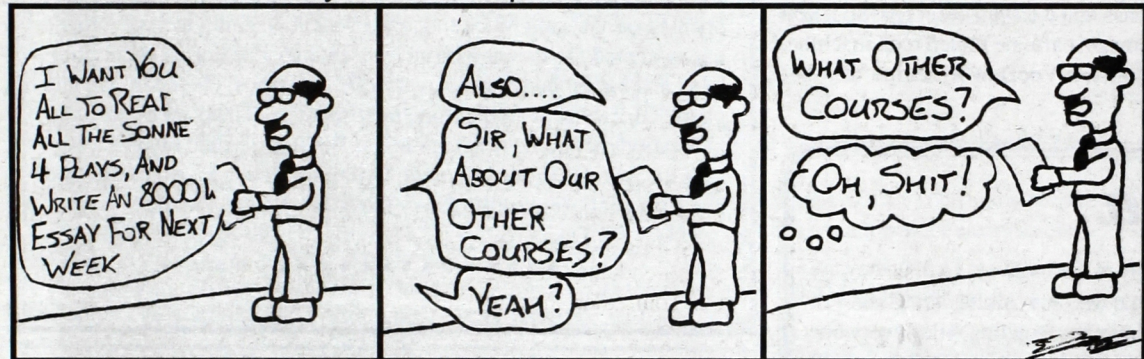
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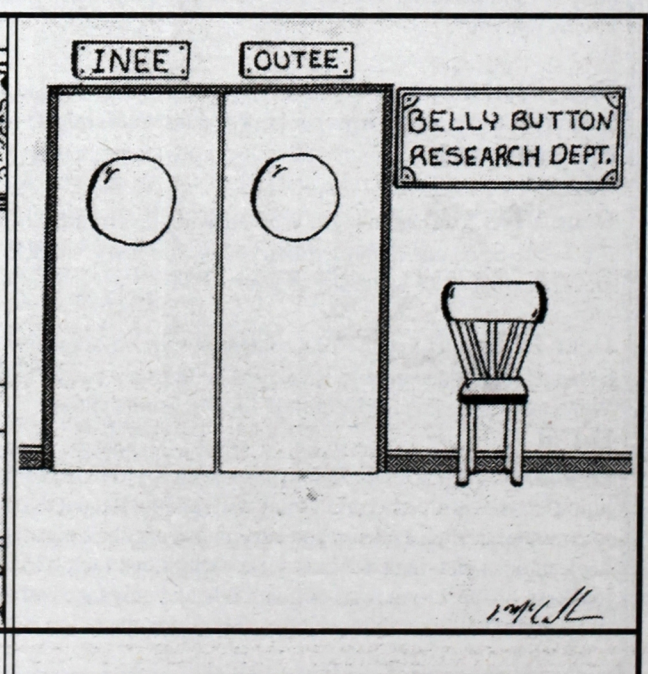
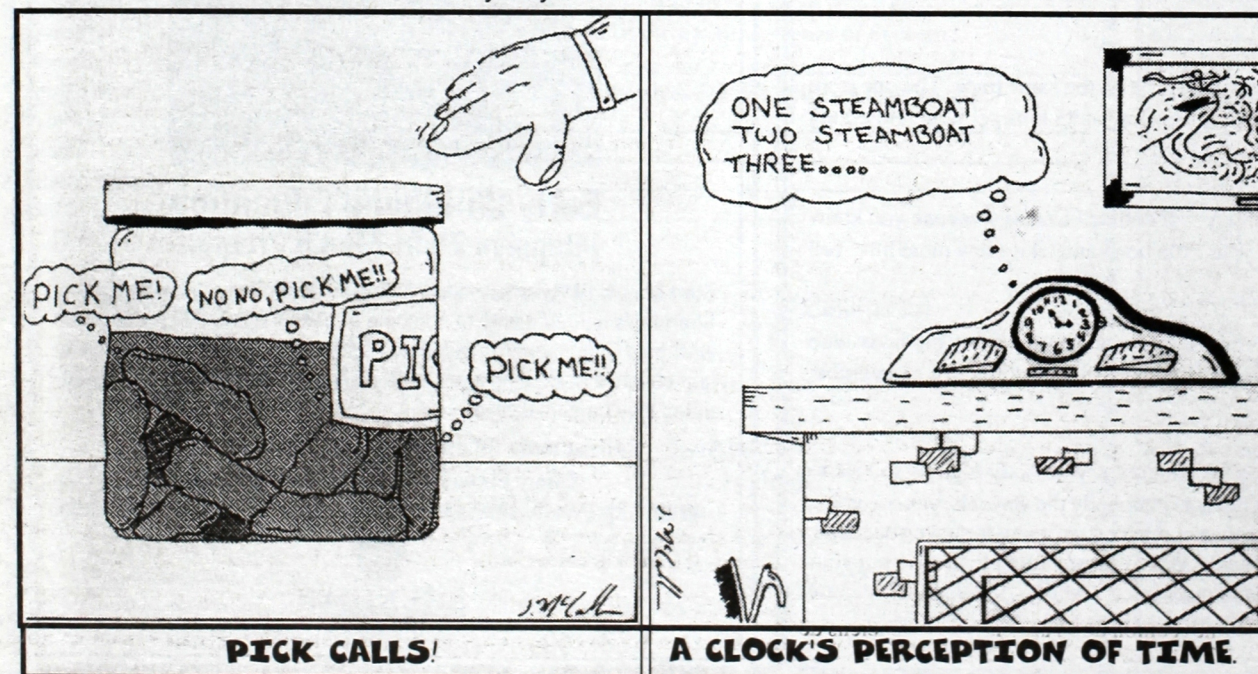
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ANNOUNCEMENTS

Thursday, November 27: A farewell dinner for Ross Paul and Jane Brindley, hosted by LU and the Rotary Club of Sudbury Sunrisers will be held at 6 p.m. in the Great Hall. The Sunrisers will present Dr. Paul with a Paul Harris Award, Rotary International's highest honour. Tickets are \$40 each; tables of 8 are \$320. Tickets will be sent by campus mail upon receipt of payment. For more information, contact Gisèle Pageau, ext. 3407.

Friday, November 28: Les Éditions Prise de parole cordially invite everyone to attend the launch of *Kaki*, the French language translation by Robert Dickson of Lola Lemire Tostevin's novel *Frog Moon*, at 5 p.m. at the Art Gallery of Sudbury. Author and translator will read excerpts from both versions, and will be pleased to sign copies. For more information, call 675-6491.

Monday, December 1: Dr. Nathalie Cooke, Department of English at McGill University, will speak, at 7 p.m. in the Governors' Lounge, on the topic of "Margaret Atwood and Literary Currency". A reception will follow. Dr. Cooke's visit is sponsored by the office of the Dean of Humanities and Social Sciences, the M.A. in Humanities, the English Department and the English Literature Society. For more information, call ext. 4352.

December 1, 2 & 3: Sign-up for the Laurentian University History Society's 3rd annual curling bonspiel will be held December 1st-3rd from 10am to 3pm outside the Great Hall. The event itself will take place Friday, January 16th, 1998 from 3pm onwards at the Copper Cliff Curling Club. Tickets are \$10.00 for members, \$15.00 for non-members.

Friday, December 5: Douglas Los, Chair of the Board of Governors and Dr. Ross Paul, President, invite all members of the University community to attend the Christmas Wine and Cheese Social at 4 p.m. in the Great Hall. For more information, call ext. 3410.

Monday, December 8: The next LU Alumni Association meeting will be held from 5 to 7 p.m. in L338. Everyone is welcome. For more information, call André Beaudry, ext. 3955.

Sunday, December 14: The festive traditional Christmas Sing-A-Long, led by Chrissie Nemis and the Sudbury Singers will be held at 2 p.m. at the Gallery on John Street. The event is perfect for families who wish to revel in the festive spirit of the season. For more information, call 675-4871.

Thursday, December 18: To mark the forty-eighth anniversary of the Association of Northern Ontario Artists (N.O.A.A.), the Art Gallery of Sudbury will present a juried exhibition showcasing the work of members of the N.O.A.A. in Gallery II & III at 251 John Street. For more information, call 675-4871.

Thursday, December 18: The Art Gallery of Sudbury will exhibit a selection of works drawn from the McCuaig Collection in Gallery I. For more information, call 675-4871.

Wednesday, December 24: The University will be closed effective 12 noon, and will reopen at the regular hours of work on Monday, January 5, 1998.

Friday, January 30: The deadline for submitting the actual proposal or the poster (title and resume) for the "Journée du davor", sponsored by l'ACFAS-Sudbury and LU. For more information, call Yvan Morin, ext. 1038.

ANNONCES

jeudi 27 novembre: L'UL et le club Rotary des Sudbury Sunrisers vous invitent au dîner d'adieu donné en l'honneur de Ross Paul et de Jane Brindley, dans le Grand Salon. Au cours de ce repas, la plus haute distinction du Rotary International, le prix Paul Harris, sera décerné à M. Paul. Les billets, 40 \$ chacun ou 320 \$ pour une table de huit, vous seront envoyés sur réception du paiement. Info: Gisèle Pagneau, poste 3407.

vendredi 28 novembre: Les Éditions Prise de parole vous invitent cordialement au lancement de *Kaki*, traduction française, par Robert Dickson du roman *Frog Moon* de Lola Lemire Tostevin, à la galerie d'art de Sudbury. L'auteur et le traducteur liront, pour l'occasion, des extraits des deux versions du roman. Info: 675-6491.

lundi 1 décembre: Nathalie Cooke, du département d'anglais de la McGill University, donnera une communication à la l'UL, intitulée <<Margaret Atwood and Literary Currency>>. La conférence aura lieu au salon des Gouverneurs à 19 h, suivie d'une réception. Le bureau du Doyen des Humanités et des Sciences sociales, le Département d'anglais et l'English Literature Society ont contribué à la réalisation de cet événement. Info: poste 4340.

vendredi 5 décembre: Douglas Los, président du Conseil des gouverneurs et Ross Paul, recteur de l'UL, invitent la communauté universitaire au vin et fromage de Noël qui aura lieu à 16 h, au Grand Salon. Info: poste 3410.

lundi 8 décembre: La prochaine réunion de l'Association des anciens de l'UL, de 17 h à 19 h, à la salle L338. Bienvenue à tous. Info: André Beaudry,

poste 3955.

dimanche 14 décembre: La galerie d'art de Sudbury présente son concert annuel de Noël, mettant en vedette Chrissie Nemis et les Sudbury Singers. Cette activité est idéale pour les familles qui désirent chanter et s'amuser, tout en revivant les souvenirs de leur enfance. Info: 675-4871.

jeudi 18 décembre: Pour souligner le 40ième anniversaire de l'Association des artistes du Nord de l'Ontario, la galerie d'art de Sudbury présente l'exposition <<Association des artistes du Nord de l'Ontario>>. Info: 675-4871.

jeudi 18 décembre: La galerie d'art de Sudbury présente un choix d'oeuvres tirées du don McCuaig. Info: 675-4871.

mercredi 24 décembre: Veuillez prendre note que l'Université sera fermée à midi; elle rouvrira le lundi 5 janvier 1998.

vendredi 30 janvier: Toutes propositions de communication ou d'affiche (titre et résumé) pour la Journée du savoir, organisée en vue de favoriser la diffusion de la culture scientifique d'expression française et parrainée par l'ACFAS-Sudbury et l'UL, doivent être soumises. Info: Yvan Morin, poste 1038.

CBC Radio Brings Charles Dickens : A Christmas Carol

7:15 pm, December 11th at St. Andrew's
United Church

CBC Radio One in Sudbury presents Charles Dickens: A Christmas Carol. It's a special evening of seasonal music and dramatic readings from one of the greatest Christmas books ever written.

Readings will be done by local CBC journalists Martin Chapman, Markus Schwabe, Sherry Drysdale, Theresa Lalonde and Dan Lessard. As well, Tom Allen, host of Fresh Air, CBC Ontario's weekend morning show, will join us as a special guest reader.

Christmas music will be sung by the St. Andrew's Senior and Good News Choirs under the direction of Robert Hall.

Money raised will go to support literacy in the Sudbury area. And people attending A Christmas Carol will be asked to bring along a dry goods donation for the Neighbourhood Action Food Bank.

Tickets are \$7 for adults and \$3 for children 13 and under. For more information, contact Craig Mackie at 688-3200.



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Cigar Club

The first meeting of the **Cigar Club**, an organization designed for individuals to learn about **money management and investment**, will be held on **Friday, November 21 at 1:30 p.m.** near the fireplace in the Student Centre. The club has two divisions, one that invests \$100,000 in virtual money, and the other, \$500 in real money. This will be an opportunity to gain experience, insight, investment tips, and lots of fun while learning how to play the stock market.

Club Cigare

La première réunion du **Club Cigare**, une organisation désignée pour ceux qui veulent en savoir plus au **sujet de l'argent et de l'investissement** aura lieu **vendredi, le 21 novembre à 13 h 30 pm** à côté du foyer dans le Centre étudiant. Le club est divisé en deux: une partie qui investit 100,000\$ d'argent imaginaire et l'autre partie investit 500\$ d'argent actuelle. Ce sera une occasion pour acquérir de l'expérience, de la connaissance, des indices d'investissement tout en apprenant à jouer le marché financier.

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A Day Without Art - an international remembrance of artists who have died of AIDS

Held annually since 1988 on World Aids Day (December 1st), A DAY WITHOUT ART is a day of mourning and action in response to the AIDS crisis. The event was meant to increase awareness and encourage discussion of AIDS related issues. Throughout the world, museums and galleries honor those who have died of AIDS related illnesses. Some dim their lights, other shroud artworks or remove them, some close up for the day.

In Sudbury, on December 1st, artists and volunteers from three organizations, La Galerie du Nouvel-Ontario, the Art Gallery Sudbury and ACCEDD, the Aids Committee of Sudbury, will jointly mark this day by organizing a presentation at **Le centre de santé communautaire (19 Frood Road) at 11 a.m.** As well, some of the more prominent outside sculptures in down town Sudbury will be covered to further emphasize this message. Everyone is invited to attend.

We are also inviting individuals, schools and organizations to participate in this awareness event by covering or taking down one work of art in their home, school or work place and by taking a moment to reflect on the meaning of lives lost to AIDS.

For more information don't hesitate to call us.

Danielle Tremblay (GNO) at 673-4927

Anne Matte (ACCESS) at 688-0500

Pierre Arpin (AGS \ GAS) at 675-4871

Une journée sans arts - journée internationale en mémoire des artistes qui sont morts du SIDA

Tenue annuellement depuis 1988, chaque 1er décembre à l'occasion de la Journée mondiale du SIDA, **Une journée sans arts** est une journée de recueillement et d'action en réaction à la crise du SIDA. Cet événement a été conçu afin de conscientiser le public et d'encourager les discussions portant sur les différentes questions reliées au SIDA. À travers le monde, les musées et galeries d'art rendent hommage les artistes qui ont été victimes du SIDA: certains baissent les lumières, d'autres recouvrent ou décrochent des oeuvres d'art ou encore ferment leurs portes pour la journée.

À Sudbury, des artistes et bénévoles de trois organismes soit la Galerie du Nouvel-Ontario, la Galerie d'art de Sudbury et ACCESS, comité du SIDA de Sudbury, se joignent au mouvement en organisant conjointement une présentation qui se déroulera **le lundi 1er décembre à 11 h au Centre de santé communautaire** (19, chemin Frood). Ils recouvriront aussi certaines sculptures extérieures situées au centre ville de Sudbury afin de donner de la force au message qu'ils livreront. Le public est invité à assister à cette présentation.

Nous invitons également tout individu, école ou organisme à prendre part aux activités de conscientisation en couvrant ou démontant une oeuvre d'art à la maison ou au travail et en prenant un moment pour réfléchir aux vies perdues au SIDA.

Pour plus d'informations veuillez communiquer avec nous.

Danielle Tremblay (GNO) au 673-4927

Anne Matte (ACCESS) au 688-0500

Pierre Arpin (AGS / GAS) au 675-4871

Student's Secure Promise of Voice in OSAP Reform

TORONTO -- Student leaders are praising the decision of Ontario Education Minister David Johnson to ensure that students will be consulted prior to changes to the Ontario's Student Assistance Program (OSAP), especially the government's proposed income-contingent loan repayment system.

Members of the Ontario Undergraduate Student Alliance (OUSA) launched a lobby campaign in September

to ensure that student, faculty, staff, university and lending groups were consulted prior to any fundamental change to Ontario's student aid system. OUSA represents 110,000 full and part-time undergraduate university student.

While OUSA meets regularly with officials of the Education Ministry, OUSA believes the complexity of student aid issues requires extensive consultation this summer resulting in difficulties for many returning students.

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Aqua Vees Frighten the Competition at Swim Meet Over the Weekend

by Brent McLeod
Contributor

At the mid-season OUA Invitational swim meet in Toronto, the Aqua Vees gave the rest of the province a little preview of what is to come in February at the OUA Championships.

The Lady Aqua Vees came 6th out of 14 teams and the men pulled off a second place finish just behind the University of Toronto, and only 2 points ahead of McMaster.

At this swim meet the pressure is a little bit higher on each one of the swimmers. This is the first meet of the year where the team is

slightly rested, and they get to shave their bodies. The expectations to swim fast are high for many different reasons. For some it is their last real chance to make the CI's before the final OUA championships, others it is to pull off personal best times and put on a good show for family and friends; since the meet is always in Toronto it is a little closer for some of our swimmers from the south. Another reason is, because the meet is an invitational it is much different from the dual meets that have been held all season long. The team got to compete against the fastest swimmers in the province and the hoped to leave a lasting impression on their rivals for the OUA

championships.

There is no doubt that Angela Lilly handled the pressure on her in a positive way, leading the woman's team in qualifying for the CI's with her 2nd place finish in the 400IM, and a 3rd place finish in the 200IM.

Along with the veterans swimming well, the rookies didn't back down at all either. Megan Cummings and Megan Perry both put on an amazing performances with Megan Cummings placing 9th in the 800 freestyle, and 15th in the 400 freestyle, while making season best times in all of her events.

Top swimmers for the Men's Aqua Vees were Brad Johnson, who

placed first as well as setting meet records in the 50m freestyle and fly. He also placed first in the 100m freestyle and 2nd in the 100m fly. Dave Clarke won the 200m backstroke and had a 2nd in the 100m backstroke, as well.

The newest qualifiers for the CIAU Championships were Jon Howard in the 400 freestyle, placing first and Collin Forberg also qualified in the 200m fly.

Although not every swimmer on the 34 member roster set meet records or qualified for the CI's, most of them swam season best or even personal best times. Some scoring points for the first time in the OUA

meet. Swimmers like Brandon Nickleson, who scored his first three points in the 200m fly. He could have very well been the swimmer who made it for the men's team, by tying McMaster and taking the lead????? While the coaching staff was very pleased with the overall performance for the team, they are very excited to see what will happen at the OUA championships in February.

The swim team's next challenge is the Sara Soda Christmas training camp when they get put through intense training workouts for over a week in the beautiful weather of Florida....Knock on Wood!

First Home Game Victorious for Lady Vees

The fabulous Laurentian Lady Vees hosted the Rams of Ryerson University Friday in their first home game of what will be no less than a stellar season. The Lady Vees dominated from the tip-off, dominating the lowly Rams throughout the first half. The Lady Vees went on to beat Ryerson like a rented mule, by a score of 89-66. Leading scorers for the Lady Vees were Shauna Conway with 19 points. Conway always a presence picked up the tempo in the second half, and left Ryerson rubbing their eyes in dis-

belief. Stephanie Harrison score 17 points, the team's power house scoring machine was in full force dominating the key and scoring consistently from all over the court. Rounding up the trio of scoring queens was local talent Shelley Dewar with 16 points.

Leading the lowly Rams were Sandrise James with 22 points, Karen Ure with 15 and Georgia Parkes with 9. The Rams one sides offense, lead by James could not keep up with the power of the Lady Vees. If James was Jordan maybe, but as it stands the Rams were dominated up and down

the court. The Rams will pose no threat to our Lady Vees this year.

Players of the game were Shauna Conway for Laurentian and Sundrise James for Ryerson. With Conway being the better of the two, if only due to her status as a Lady Vee.

The Lady Vees went on to defeat the University of Toronto Blues in similar fashion on Sunday. Come out and watch the Lady Vees take on the University of Ottawa this Friday at 6:00pm, and on Sunday watch them thrash the Ravens of Carleton at 6:00pm.

The Rams But Heads With the Voyageurs

The Laurentian Men's basketball team defeated the Ryerson Rams in their first home game of the regular season on Friday night. The Vees dominated right of the bat, but allowed the Rams to hold on with a 37-37 tie at the half. The crowd seemed worried but, the boys in blue showed why they made it to the nationals last year by taking the lead in the second half and holding on to it to beat the Rams 78-63. The Vees showed real grit in defeating the Rams, by holding on and taking the lead the Voyageurs went the distance to earn good win.

Leading the Vees was former all-Canadian Cory Bailey with 27 points, Bailey showed his skill on

both sides of the ball while leading his teammates. Tall Ted Dongelmans scored 12 points in the Vees effort while holding the fort inside. Adam Dusome scored 11 points from all over the key and displayed great heads up play.

Topscore for the Ryerson Rams were Brian Smith with 13 points, Robert Armstrong with 12 and Duncan Prescott and Carl Harper both with 10.

Cory Bailey was named player of the game for Laurentian, while Duncan Prescott was for the Rams. The Vees handled the U of T Blues in similar fashion on Sunday.

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Windsor	74.90	63.13	70.62
London	60.99	51.36	57.78

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Dr. Jay's exercise review

Feel the Payne

By Payne Morgan

Columnist

Did you guys here the city of Montreal lost their bid to the 2001 Gay Olympics. Oh darn, I was so looking forward to attending them. The sad thing is though; that the event would have brought all of money to the community of Montreal. I may not agree with the gay games, but I'd rather see the money it generates come to Canada then to any where else, because I am a loyal patriot.

Speaking of prejudice, what's with the sudden racial problems professional hockey is having. First Chris Simon, who is himself an native from Wawa, calls Mike Grier a "Niger" and now we got this Craig Berube of the Capitals being accused of calling Peter Worrell (who is black) an improper name. These guys are suppose to be professional athletes, not members of the Klu Klux Klan's figure skating team.

Speaking of ignorance, the other day I was in the weight room, and I noticed that allot of the people in there have no clue what they are doing. There was some guy trying to dead lift like 350lbs, he lifted it, but his back was so bowed I thought his spine was going to come flying out of his back and impale some one. Your in there to try and stay in shape and hopefully get bigger, doing exercises with improper form is just stupid, your not impressing anyone with your big lifts, if you not doing then right, you just look stupid. Especially to those people who do know what they're doing, We laugh at you, hahahahah!

To all those people who wear the shorts that the weight counter

provides, please for all our sakes where tighter underwear, no one wants to see your boys while your lifting. It is quite disgusting, thank-you.

I don't go to the weight room often but when I do it always makes me chuckle. Here's a tip; if your skinny don't wear the tank tops, you look pathetic.

What a great weekend the basketball teams had, it looks like their both going to have a great year. I think the success however is getting to the head of a certian member of the Men's team; who was spotted wearing sunglasses at night while indoors. He must have been practicing his Tom Cruise impression, you know who you are.

I sincerely hope the volleyball team gets better, if they don't it's going to get harder and harder to justify their funding; while the woman of LU are denied their share of Varsity sports.

Have you ever gone to a game at LU and seen our mascot, the Voyageur is about as animated as tree stump. Sure he gets up once and while and walks back and forth, and maybe if your lucky he'll raise his arms up and down. It is quite an exciting display, I know it makes me want to cheer. If this guys getting paid, he sure has a sweet deal, he's the only one getting paid to do nothing but watch the game. Mind you it's in a sauna suit.

In closing I would just like to say "what's up to the breakfast club," See you next boys.

This week I'm publishing a formula for a better bench press.. To often I see the exercise being done improperly. Since we all hear the question, "how much do you lift," I thought this little guide might aid those who aren't quite sure about how the exercise is done. It's not as simple as it looks.. Hopefully these three phases will aid you in your pursuit of the "big lift."

Phase#1-The Starting Position Countdown

-Your hands should be shoulder width apart or a bit wider and evenly spaced from the centre of the bar.

-With the bar held at arm's length, your shoulders should be positioned directly under the bar.

-Your heels should be directly under your knees, and your feet should remain motionless during the exercise. Shifting your feet as you lift is usually a sign of poor concentration.

-Your glutes and upper back should remain in contact with the bench during all parts of the lift. Your back should be kept slightly tight, and your shoulders should press against the bench. There should be no arching of the chest during the lift as this technique hyper extends the spine, thereby increasing the chance of lower back injury.



-The spotter should grip the bar just to the inside of your hands, and the spotter should not block the view of the lift by leaning over you excessively.

Phase#2-The Lifting Phase Takeoff

-The lifting phase should be initiated by pressing the bar in a smooth fashion, and pressure should be applied evenly by both arms. Concentrate on driving the bar over the elbows, pressing the bar towards the bench uprights.

-When the bar is approaching you face, move the elbows back towards your head to a position under the bar. The bar will be directly over your face. Finish the movement in a straight line.

-Press the bar to arm's length, and stop when the elbows reach a posi-

tion just short of lockout.

-Exhale while you press the bar up.
-When you reach muscle failure, your spotter should assist you in completing the rep prior to racking the bar.
-The form used for the last rep should be the same as for the first rep, and the bar should make contact with the same spot on the chest (bottom of sternum) every rep.

Phase#3- The Lowering Phase Splashdown

-Lower the bar in a semi-arc to the bottom of the sternum. Concentrating on "guiding" the bar down in an arc.

-Your elbows should move forward and down at an angle approximately 45 degrees to your torso. Concentrate on keeping the elbows as close to the body as possible.

-Hold your wrists in a neutral position throughout the movement.

-Breathe in as you lower the bar.
-Make sure the descent of the bar is controlled and performed at an even speed. By the time the bar makes contact with your chest, you should feel tight and in control. Remember, you control the weight-the weight doesn't control you.

-Make sure not to bounce the bar off your chest, as this can damage the sternum.

My Response to the Woman's Centre

By Payne Morgan

Okay folks its my turn, first of all I am B) FAR TO COCKY, to let a letter like this bother me, actually I was quite flattered that the woman's centre took time from their busy schedule to write to me. They have actually fed my rather large ego, they have shown me people are actually reading the shit I dole out every week and have given me the inspiration to continue my column.

Secondly, I must agree with the woman's centre when they say my grammar was quite atrocious. You see people of extremely high intelligence rarely care about the little things, rather they focus on the content and essence of their work. I unfortunately suffer from that genius like quality and therefore make some mistakes in grammar.

Thirdly, the LUWC contends that they are actively petitioning for a Woman's soccer team, well I guess I owe the LUWC an apology then, I'm sorry I didn't know you were trying to get a woman's soccer team." But if I didn't know or here about it from my several sources, I can only assume that you are not doing a very good job petitioning. Mind you, I have been wrong before, once I think....well it was so long ago I can't remember.

Furthermore, I would love to meet anyone in the Woman's Centre on the hockey rink. As long as it's full contact, cause were are equal right, and there shouldn't be any reason to change the rules because I'm a man. Remember, "anything a boy can do, a girl can do better," and apparently

who ever wrote that letter to the editor thinks she's pretty hot stuff on the ice, maybe even better than me, no that's not possible.

As far as my use of the word "kudos," I some how, through no fault of my own left out the word "say." The sentence should have read: "So I say kudos to girls...." That's right I was applauding the fact that a group of woman were trying to get a soccer team. Apparently the LUWC chooses to trash even those men who agree with them. I guess no one's safe.

I hope you all enjoyed my little tripe, and I say kudos to the Laurentian Woman's Centre for A) truing to a get a woman's soccer team, and B) for feeding my extremely large ego!!!

Athletes of the Week

Female Athlete Angela Lilly- Swimming

Angela Lilly is a fourth year student enrolled in the school of Human Kinetics studying in the sport and physical education program. A native of Trenton Ontario, Lilly spent many of her past years excelling in numerous sports. Presently Lilly is a co-captain for the Laurentian University Aqua Vees where she is a strong leader in and out of the water. Lilly has been awarded throughout her four years at Laurentian for her outstanding contributions to the team. She has been awarded with Laurentian's rookie of the year, MVP and academic scholarships. The past weekend, Lilly was a driving force in leading the Lady's team to an impressive sixth place finish at the OUA invitational held at the University of Toronto. Lilly lead her team with a second place finish in the 400 IM and a third place finish in the 200IM. In both these events, Lilly qualified for the CIAU championships to be held in February.

Male Athlete Brad Johnson- Swimming

Brad Johnson is a fifth year commerce student at LU. Johnson is a native of Barrie Ontario where he first got his start with the Barrie Trojans. At Laurentian Johnson is a key part of the Aqua Vee's success. As a co-captain to the team, Johnson provides leadership to his fellow team mates in and out of the water. Throughout his time at Laurentian University, Johnson has been a vital part of the team. He has been acknowledged for his outstanding athletic ability with LU, OUAA and CIAU athlete of the week; he has been a part of the OUAA and CIAU all-star teams, he has been honoured with the Laurentian University rookie of the year award. This past weekend Johnson lead his team to a second place finish just behind the University of Toronto and two points ahead of their rivals the McMaster Marauders. In the 50 free and 50 fly, Johnson finished fist and set new meet records in both events. In the 100 free, he finished first and narrowly missed setting a new meet record and in the 100 fly, Johnson settled for second when he was out touched by two hundredths of a second. Johnson has already qualified for the CIAU championships and, is nationally ranked in the top five in each of these events.

Montreal loses bid for 2002 Gay Games

by Stephanie Carriere

The Link

MONREAL (CUP)— Though Montreal lost its bid to host the Gay Games in 2002, organizers say they are proud of how the community came together to support the effort.

"We are disappointed, yes, but we are proud of the heterosexual community and their openness towards us," Genevieve Paris, spokesperson for Montreal 2002, the organization preparing the bid, said. "All we want to do is open some doors, and I think we did."

The games will be going to Sydney, Australia in 2002. Toronto, Dallas and Long Beach were also vying to host the event.

The Sky pub in Montreal was

filled to capacity Nov. 13, as both gay and straight supporters of the bid mingled in a frenzy awaiting the decision, which was announced via satellite from Denver, Colorado.

After Sydney was named the winning bid, the room fell silent. But people soon started applauding for the city down under and cheering, "... la prochaine fois!"

Spirits rose even higher when Christian Bolduc, president of Montreal 2002, came over the loudspeaker from Denver, congratulated everyone for their efforts and swore that Montreal would get the games next time.

Paris echoed Bolduc's senti-

ments in a speech after the announcement.

"This was the third time that Sydney put in their bid, and it was only Montreal's first," he said. "They have had time to improve. We haven't. That's why we will try again."

Organizers worked almost three years on Montreal's bid for the Gay Games, and over 3,000 volunteers were enlisted to help out. The city was the runner-up to Sydney, and is in a good position to make a successful run at the Gay Games being held in 2006.

Over 12,000 athletes are expected to attend the Gay Games taking place next year in Amsterdam.

Johnson named OUA athlete of the week

For the second week in a row, Laurentian University's Department of Athletics is proud to announce that the OUA has named a voyageur athlete of the week for the week ending November 23, 1997. This week's recipient is Brad Johnson, a fifth veteran on the men's swim team. Johnson, who is from Barrie in his fifth year of the commerce program at Laurentian. As co-captain, Johnson provides leadership to his team mates both in and out of the water. Since com-

ing to LU Brad has been a key part of the AQUA Vees success and has been acknowledged for his outstanding athletic ability with Laurentian University, OUA and CIAU all-star team honours. In addition, as part of the OUAA and CIAU all-star teams, Brad has been the recipient of the Laurentian University rookie of the year award, MVP award, and the athlete of the year award. This past weekend, in competition at the OUA Invitational held at the University of Toronto, Johnson led his team to a second place finish just behind the University of Toronto

and two points ahead of their rival the McMaster Marauders. Brad had four excellent performance, finishing first, and setting new meet records in both the 50 free and 50 fly, another first in the 100 free where he narrowly missed a meet record, and second in the 100 fly-just two hundredths of a second behind first place. Johnson has already qualified for the CIAU Championship and is nationally ranked in the top five in each of these events

Top 20 ways to tell if you're addicted to working out

1) You spend more time pumping in the weight room than pumping in the bedroom.

2) You spend more time looking in the mirror than your girlfriend.

3) Your ideal woman is Linda Murray (former Miss Olympia).

4) The guys at the weight counter use a pitch fork to pick to pick-up your t-shirt.

5) You right in to the Lambda criticizing an article about "creatine."

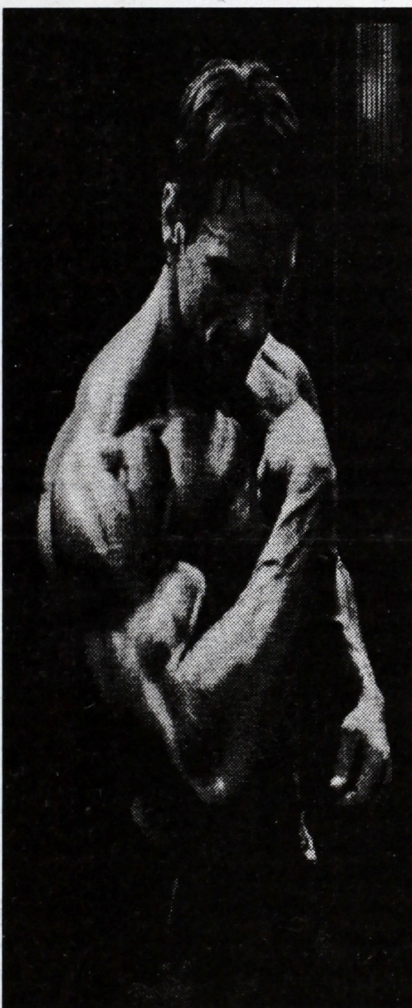
6) Your meals consist more of powder and water; than meat and potatoes.

7) You pop more pills than the whole geriatric wing at Laurentian Hospital.

8) If your proud of your stretch marks.

9) If you care more about your bench press then your grade point average.

10) If you care more about the size of your arms than the size of your @#\$%.



Addicted or not?

11) If you care more about your performance in the weight room than in the bed room.

12) You won't go out partying with your friends because you have a heavy leg day tomorrow.

13) If you drink more than one protein shake a day.

14) You wear a mouth piece while working out so you can grunt really loud.

15) You have a weight belt with your name on it.

16) If you feel worse about missing a workout than cheating on your significant other.

17) If you significant other feels weight lifting is more important then they are.

18) If you eat more than 1 chicken breast per day.

19) You have a subscription to either: FLEX, M & F or Men's Health.

20) The fact that you actually read this may be an indication.

Voyaging

Home



-This weekend the Men's Hockey team takes on U of T on Saturday the 29th, and the Guelph Gryphons on Sunday the 30th, both games are at 2:00pm at Sudbury Arena.

-The Lady Vees Basketball team will be hosting the Ottawa GeeGees Friday the 28th at 6:00pm, Then the woman take on Carleton on Saturday at 6:00pm.

-The Men's Basketball team will be hosting the University of Ottawa on Friday and The Ravens of Carleton on Saturday, both games are at 8:00pm, immediately after the Lady Vees games

Away

-The Volleyball team will be traveling to Kingston on Saturday the 29th to take on Queen's, then Sunday they travel to Ryerson to take on the Rams.

-The Men's and Woman's Track & Field teams will travel to the Western Season opener on Friday November 28th.

Hockey Vees Split Weekend

The Voyageurs hockey team took to the road this weekend. On Saturday November 22, the Voyageurs defeated the Wilder Laurier Hawks 6-2. Scoring for the Voyageurs were: #23 captain Brad Baber with 2 goals, #24 Kiley Hill, #9 Luc Gagne, #4 Chad Grandy and #25 Blair Sherrit all with 1 goal a piece. Player of the game for the Voyageurs was #9 Luc Gagne.

The Laurentian University Men's Hockey team continued their road trip Sunday when they played against the University of Waterloo. The Vees came up short in the end losing by a score of 2-0.

The next action for the Vees is Saturday, November 29, when they will host the University of Toronto, and Sunday, November 30, when Guelph comes to town. Both games will be at 2:00pm at the Sudbury Arena

Volleyball Vees Finish 15th at Guelph Invitational

The Laurentian University Volleyball team travelled to Guelph this weekend to compete in the Guelph Invitational Tournament. The team finished 15th out of 16 teams. In their first game the Voyageurs lost to Ball State in four games with scores of: 6-15, 15-12, 6-15, and 6-15. In their second game the Voyageurs lost to the McMaster Marauders in three straight games, with scores of: 6-15, 11-15 and 12-15. In their third game the Voyageurs lost to the Brock Badgers in four with scores of: 11-15, 15-13, 14-16 and 7-15. In their final game of the tournament, the Voyageurs defeated the McGill Redman in three straight with scores of 15-13, 15-1 and 15-8. Top performances for the tournament were: Alain Arseneau with 64 kills, 6 blocks and 6 aces. Adam Marlot with 23 kills, 13 blocks and 2 aces. Serge Lesperance with 20 kills, 9 blocks and 2 aces.

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Love To Play Hockey?

Love to play hockey? Don't fret, let us help you find! The Woman's Intramural Hockey season is fast approaching and the Intramural office is looking for individual hockey players who want to play. The season will begin on January 7th and will end on March 8, 1998. The games will played at Country Side Arena on Sundays from 9:30 pm - 1:30 am, Mondays from 11:30 - 1:30 am and Wednesday from 11:00pm - 1:00 am. You will be responsible for your own travel arrangements. If you are interested, please give us a call at extension 1018 and we will do our best to find you a team. If you have a team, please register as soon as possible. Remember the deadline has been extended to December 4, 1997 only!

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Is Ditka Giving Up?

The fiery Mike Ditka was nowhere to be found Sunday. With tears in his eyes, the coach who came back to the New Orleans Saints after four years away from the sidelines, said it may be time to leave the game for good.

"My job is to instill passion in these guys," Ditka said after the Saints suffered a dismal 20-3 loss to the Atlanta Falcons. "Somewhere along the way, I have failed. It hurts me."

DITKA SAID HE likely will quit at the end of the season if things don't turn around in the final four games. And, he added, if owner Tom Benson wants to fire him now, he wouldn't object.

"I don't have it anymore," he said. "Maybe the game has passed me by. Maybe all the experts were right."

Ditka returned to coaching this season with the Saints after spending the last four years as a commentator for NBC. Before that, he spent 11 memorable seasons in Chicago, guiding the "Da Bears" to a 112-68 record and one Super Bowl championship.

His hot temper is legendary, but he seemed like a defeated man as the Saints (4-8) bumbled their way to another loss. Other than arguing briefly when the officials allowed a sack after an inadvertent whistle in the second quarter, he stood stoically on the sideline.

"I had a way of trying to coach and getting to people and I can't do it anymore," Ditka said. "I'm not going to do what I did the last couple of

weeks and kill myself and jump around. I'm just not going to do it.

"IF IT DOESN'T MEAN THAT MUCH to other people, why should it mean that much to me? And I think that's what happened to me today. It didn't mean very much to me in the second half today. For the first time in my life, I can say that — it didn't mean anything."

The Saints have the NFL's worst offense and also rank last in turnovers and turnover ratio. Against Atlanta, they managed only 173 yards while suffering five turnovers, which was more than Ditka could bear to watch.

"It's apparent that we don't have much talent on this team," Ditka said. "We're not going in the right direction. We have no playmakers."

Ditka said he will evaluate his status at the end of the season, but it was clear which way he's leaning.

"They broke me down today," he said of his team. "I don't have it anymore. I don't see us going in the right direction."

DEFENSIVE COORDINATOR ZAVIN YARALIN said Ditka was speaking out of frustration.

"We're all frustrated," Yarin said. "I'll tell you this: He is not stepping down. He'll be back. He's just not used to losing."

But as Ditka trudged toward the team's bus, his face red from the churning emotions, a fan tried to perk him up by yelling, "Way to go, coach."

But the coach never looked his way.

Road Apples and other Fine Messes

by Fat Louis and Wohek
Columnists

Wohek: Well Lou, what's new?
Lord Matchstick: Oh not...

W: Wait a second, you're not Lou!
LM: Give the man a prize. Look's like he doesn't need a new prescription after all.

W: Hey stickboy, what the hell did you do with Lou?

LM: Let's just say your faithful Maple Leaf cohort ran into some technical difficulties.

W: I knew it. Those Damn-Hab fans finally initiated some Damn-Hab plan. They got Lou, you bastards!

LM: Easy Wohek. Those Hab fans can't tie their own shoelaces let alone come up with a plan to kidnap the mighty Lou.

W: You mean...

LM: ...that Lou's safe?

W: No. That you don't like those Montreal morons either?

LM: No, no I don't. I dislike them as much, or more than you do.

W: Ha, ha, good one. Nobody dislikes the Canadiens more than yours truly.

LM: May I ask why you have such an intense resentment for this particular hockey team.

W: Why not?

LM: There has to be an underlying cause of such incredible malignity.

W: Well Match, it's like this.

LM: I feel a story coming on.

W: It was ten years ago. There I was walking my dog "Marshie" one sunny day without a care in the world. "Marshie" and I were the closest of pals; we did everything together....sob....sob...

LM: Please go on.

W: ...sob....so there we were walking when around the corner came the neighbourhood bully Dave. The only eighth-grader I knew with five o'clock shadow. To make a short story shorter, like usual Dave wanted my lunch money. But I didn't have any!...sob....So he took "Marshie!" I never saw him again! The last thing I can remember seeing was the back of Dave's Canadiens' sweater as walked off into the distance. The horrors of that Hab sweater have been etched in my mind ever since.

LM: Really!?

W: Actually no. The Habs just suck. I dislike everything about them except the fact that they are one of the few remaining Canadian hockey teams. Toronto, Montreal, Vancouver, Calgary, Edmonton, Ottawa, and St. Louis.

LM: St. Louis?

W: Yeah, St. Louis is stupid.

LM: It's not Lac St. Louis, Quebec. It's St. Louis, Missouri stupider.

W: Oh. Nonetheless, that still only leaves six Canadian teams.

LM: For now. Canadian teams seem to be dropping like flies.

W: No kidding. It appears Edmonton is the next Canadian team on the way out.

LM: We have to face it Wohek. Fifteen years from now Toronto, Montreal and Calgary will be the only remaining Canadian teams.

W: Calgary??? Keep dreaming match. After Edmonton leaves, Calgary will be on the next ship out.

LM: Look, I'm planning to be a Flames' fan until I die. I'm not planning to die in the next fifteen years.

Mysterious Voice: That can be arranged.

W: Shut-up spook, and stop threatening the guests. Match, there is no doubt in my mind that you will be a Flames' fan for life. Too bad though that fifteen years from now it will no longer be the Calgary Flames, but more like something to the effect of the Idaho Flaming-Potatoes.

LM: Heaven forbid!

W: Start praying boy.

LM: ...Sob...

W: ...Sob...Please come home Lou...sob...I still miss you "Marshie."

Perhaps there should be a sixth Olympic ring, since hockey craziness has come full circle.

The argument used to be that the United States and Canada should be allowed to send NHL players to the tournament because the teams from other nations were comprised of people who were paid to play year-round and thus were professionals. American and Canadian amateurs, then, were at an unfair disadvantage.

Now what happens? The Olympic tournament turns professional, with a glut of NHL millionaires, and a controversy rages over the status of New Jersey right wing Billy Guerin — a Group II free agent who didn't have a contract until Friday and sat out until then.

GUERIN'S BOSS, DEVILS GM LOU LAMORIELLO, also runs America's Olympic team, and he just happened to leave Guerin's name off the initial roster. Lamoriello will name the rest of the roster Dec. 1, and Guerin certainly could be one of the additions. Then again, Lamoriello could go in a different direction.

But USA captain Brian Leetch has said he wants Guerin on the team, and the Blues' Brett Hull touched off a firestorm saying he'd support a boycott by American players if Guerin isn't added. Hull changed his tune a day later, after a conversation with Lamoriello, but the damage already was done.

If the Olympics had been left to the college kids and amateurs, who did just fine for America at Squaw Valley in 1960 and Lake Placid in 1980, Guerin's status would be a

non-issue. Now, Lamoriello can't win. If he adds Guerin, Lamoriello will be perceived as having knuckled under player pressure — even if he intended to name him to the team all along. If Lamoriello doesn't add Guerin, the inference will be drawn that Lamoriello bypassed him out of spite.

The players should play, the manager should manage. But with contention on the American team, a massive rift in the Russian federation and starting times at Nagano (well after midnight) a nightmare for North American viewers, this whole thing is starting to stink like a fish in the sun.

More Olympics

Sergei Zubov of Dallas and Alexander Mogilny of Vancouver are among the latest to join Detroit veterans Igor Larionov and Slava Fetisov in turning down Olympic invites. But Calgary's German Titov is looking forward to his trip. "I am not surprised about Larionov and Fetisov, because they have won everything, gold medal and Stanley Cup. I understand that," Titov said. "I do not understand the young guys, who have not been to an Olympics Games. This is our country, our friends, and it will be good to play. It will be big fun." What Titov might not know is the tyranny of the hockey empire Fetisov and Larionov had to fight merely to earn the right to play in the NHL. Fetisov, particularly, was a trail blazer; virtually all the Russian

NHL players owe him a debt of gratitude.

Let's get this straight: Olympic ice surfaces have four extra feet of space behind the nets, and Wayne Gretzky, the greatest player ever in that part of the ice, is going to be a part-time player — if he makes the team? I don't think so. Gretzky was among Canada's best forwards during the World Cup, and he'll be huge for his country on the big ponds in Nagano.

Kent Forsberg, father of Colorado star Peter Forsberg and coach of Sweden's Olympic team, says former Islanders goalie Tommy Soderstrom will be among the five to six players not currently in the NHL who will be on his nation's entry.

News and notes

The Islanders, looking for help at center and left wing, are dangling defensemen in front of Edmonton GM Glen Sather in an attempt to obtain center Jason Arnott — one of several Oilers whose contracts expire at the end of the season and who could be a commodity on the restricted free-agent market. Sather needs to sign left wing Ryan Smyth, center Doug Weight and, particularly, goalie Curtis Joseph. Sather also needs to clear some money to pay those three, and the guy likeliest to go is Arnott, who had three goals after two games this season but has not scored since that Oct. 3.

The Isles have been able to showcase some defensive prospects

(6-foot-9 Zdeno Chara and Jason Holland) because Rich Pilon was out with a sore foot, Bryan Berard had a groin pull and Dennis Vaske had another concussion. Vaske's concussion was termed "mild," but concern has grown that his career might be in jeopardy because of his history of concussions.

Ice chips

And let's get this straight, too: Disney's 1996 revenues jumped 6 percent to \$22.5 billion and operating income was up 18 percent to \$4.3 billion for the fiscal year ending Sept. 30 — but Disney boss Michael Eisner would have to lay off some secretaries to pay Paul Kariya? Of course not. But Kariya's employers aren't about to bargain against themselves and keep upping the ante to get Kariya back in uniform. That's why they call it "restricted" Group II free agency.

It's a big shame that Kariya is not playing and Kirk Muller is. Florida's paying this guy \$2.2 million on the last year of a deal, and he's got no goals. None.... Colorado defenseman Uwe Krupp completes his contract this season. He's 32, which means he'll be a Krupp III — uh, Group III — unrestricted free agent next summer.... Avs goalie Patrick Roy, never a shrinking violet, made like Jean Beliveau while waltzing the puck straight up the middle of the ice during the dying minutes of a game clearly lost to the Rangers. "It was my dream to deke Wayne Gretzky once in my life," said Roy, who

dodged Gretzky's half-hearted poke at the puck, then carried past the center red line before being whistled for a penalty. Goalies cannot participate in the play past center ice.

Devils goalie Martin Brodeur entered the weekend with 12 consecutive victories and had helped keep opponents to two goals or fewer in every one of those games. ... Pat LaFontaine, thought to be fragile as glass after missing most of last season because of concussion woes, has been the only Rangers forward to take the puck straight to the net virtually every time he touches it. His reward: 11 goals in 22 games. ... We kid you not: During a recent GMs meeting, the team executives were given pointers on dealing with the media by nationally-known consultant Andrea Kirby. How many different ways are there to say, "No comment."

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